

MARK YOUR CALENDARS!



November 3 Set Your Clocks Back November 3 - film They Shall Not Grow Old November 11 No Cards/Games November 14,15,16 and 17 Christmas at the Station November 18 Memory Cafe November 20 Crafting Workshops November 21 **Crafting Workshops** November 22 **Duel of the Dishes** November 23 Potluck w/Book Swap November 27 Santa for Seniors Lunch November 29 Town Tree Lighting November 30 ACW Holiday Sale November 30 Santa Claus Parade December 1 - film Three Identical Strangers December 5 **NBCC Kitchen Party** December 7 **Annual Christmas Market** December 8 'Mingle and Jingle' December 15 - film The Wife SPINDRIFTERS INC. BOARD OF DIRECTORS 2019 - 2020

Leona Golding Chair John Castell Vice Chair Bill Fife 2nd Vice Chair Kats Haya Treasurer Taryn Taylor Secretary Betty Stuart Membership Directors: **Muriel Jarvis** Wilma Blokhuis Hans Obermeier Sandra O'Brien

RECENT ACTIVITIES:

Thanksgiving Dinner 2019

by Wilma Blokhuis photos by Wilma and Jayne Swanson

Officially, Thanksgiving is the second Monday of October but Spindrifters began the holiday weekend with their sixth annual outing to the Birch Grove Restaurant in St. George. Twenty-six Spindrifters (including family members) enjoyed the annual Thanksgiving Dinner seated around a long table. The noise level was so loud that it was enough to raise the roof. A mood of celebration literally filled 'The Birches' as it was a full house of hungry Spindrifters there to celebrate Thanksgiving. The noise level and anticipation reached fever pitch until the food arrived-delicious turkey dinners for most and at least one tasty poached haddock meal. The food was so good that people were too busy eating to talk. Desserts ranged from bread pudding with warm caramel sauce to a large assortment of traditional pies--chocolate,

peanut butter, lemon meringue, apple, blueberry, pumpkin, coconut cream and butterscotch.



A large turnout of Spindrifters and family members enjoyed Thanksgiving at 'The Birches.'

Remembering Our Friends

Margaret 'Peggy' McLaughlin 1940 - 2019 and Frances 'Frankie' Remer 1927 - 2019

A smile for all, a heart of gold Forever in our memories...



POTLUCK HALLOWEEN PARTY Ghoulish Gathering held at Anglican Hall

pictures by Kate, John and Wilma

There were a variety of delicious food items to eat at the recent Spindrifters' Halloween potluck party. Lots of laughter and noise filled the hall as a variety of characters --some actually in costume gathered together to enjoy a cornucopia of food items. Even Count Dracula was discovered living in the cake. Much laughter and merriment resounded as



the high-spirited 'trick or treaters' shared an evening of celebration; proving once again, that Halloween is not just for the young!



Pictured:



Characters Jayne the cat and Wilma and the maintenance 'man' dropped in for a visit.

Carol and Brian

Count Dracula found in the festive carrot cake

Well n' Active' A Celebration of Community Wellness for All Ages.

story and photographs submitted by Muriel Jarvis



On Saturday October 5, many Spindrifters headed to Kingsbrae Garden to sample the myriad of activities offered at the '**Well 'n Active'** wellness Festival. This Festival was organized by a partnership between Kingsbrae Garden and the three Charlotte County Senior Goodwill Ambassadors: Muriel Jarvis, Sylvia

Humphries and Joyce Bryant. Senior Goodwill Ambassadors are volunteers for the Wellness NB Branch of the Provincial Government. Spindrifters manned an





informational table and several Spindrifters were spotted participating in Tai Chi, Ageless Grace and Up and Moving, as well as Yoga and Hula Hooping. Some tried their hand at rug hooking, knitting and crocheting, as well as creating a fabulous nature catcher. The weather participated by supplying plenty of sun, but rather too much wind and cold



CARDS AND GAMES Mondays - 1:30 to 4:00 Anglican Parish Hall Spindrifters \$2 - Guests \$3 Inquiries: Jayne 469-4649

PARADE OF PICNICS June through October Inquiries: Betty 529-4802 Spindrifters Inc. Ongoing Activities

Exercise CLASS Tuesdays and Fridays 10:00 - 11:00 Anglican Parish Hall Spindrifters \$2 - Guests \$3 Inquiries: Carol 529-3923 MONTHLY HIKES May through October Inquiries: Muriel 529-4099

"GOOD MORNING" WALKS Mon/Wed/Fri Leaves Algonquin Resort at 8:30 AM Inquiries: Muriel 529-4099



Events and Activities:

November 20/21

New Brunswick COLLEGE of CRAFT & DESIGN

The New Brunswick College of Craft and Design is coming to Sunbury Shores to offer four workshops to Spindrifters members (open to the general public if space is available). Each workshop will be two hours in length and cost \$10 per person which includes the cost of all materials and a snack. Limited to twelve participants.

CRAFTING OPPORTUNITIES FOR SPINDRIFTERS

Wednesday November 20, 2019

10 am - Noon ART FROM RECYCLED OBJECTS:

Using recycled materials such as cardboard, plastic, wire, tin, scraps and even vegetable skins, you will explore expression through transforming these everyday objects into art, craft and design work.

2 pm – 4 pm TEXTILES:

You will learn how to design illustrations using a Clorox bleach gel pen and vinegar on black t-shirts, thereby making a personalized art statement. You can proudly wear your creation home or give it as a gift.

Thursday November 21, 2019

10 am- Noon JEWELRY:

You will create a personalized copper pendant using hammers to explore texture and stamping on metal. You may also add colour to your creation. Leather cords are supplied so you can wear your creations immediately or give as a gift.

2 pm – 4 pm PHOTOGRAPHY: Telling a Story with a Photograph. You will learn to take portrait pictures, putting life into photographs, and controlling the composition and lighting. Your self- portrait will expressyour personality.

To register, call Sunbury Shores at 529-3386 or send an email to them at <u>info@sunburyshores.org</u> Include your name, phone number and identify the workshop you wish to take.

November 23

November Potluck Dinner and Book Exchange



Winter hours....We'll be home before dark! Anglican Parish Hall Social time 12:30 PM - Dinner 1:00 PM Time for games to follow the meal! Inquiries: Tessa at 529-3360

There will be a table set up for our semiannual book, magazine and puzzle swap. Pick up your reading materials for the long winter months ahead. Items remaining at the end of the evening will be donated to the ACW for their annual Holiday Sale.

November 27



SANTA FOR SENIORS LUNCHEON AT NBCC

Lady Dunn Dining Room 12:30 Serving Time - Cost \$20 Limited Seating Available First Come, First Served Reservations due by **November 23** with Betty (529-4802) Open Door Program Fundraiser Menu can be adjusted to accommodate food allergies if known ahead.



EVENTS AND ACTIVITIES

December 7

CHRISTMAS FARMERS' MARKET

Sir James Dunn Academy Gym 10:00 AM - 2:00 PM

After completing your shopping, stop by the Spindrifters' table and chat with representatives from your organization. They are interested in hearing your comments and suggestions. While there, take the opportunity to renew your membership for 2020 and pick up your exclusive 2020 calendar featuring the winners of the Members Choice Award in Photo Challenge 2019--Pat's shot of Mr. Rooster or Stan's photograph of the deer in a field of wild lupin.

December 8



Let's get together for a Little 'Mingle and Jingle'



and maybe a few 'Reindeer Games' Bring your favourite hors d'oeuvres to share! The Anglican Parish Hall 2:00 PM - 4:00 PM Questions: Betty 529-4802

Crafty Corner Colourful Pine Cones

Supplies:

Pine cones Red food colouring Paper towels

Directions:

Soak pine cones in 4 liters of water mixed with an ounce of red food colouring. Let sit over night and then dry on a paper towel. Gorgeous colored cones for Christmas decor!

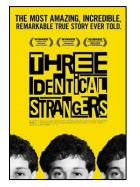




November 3



December 1



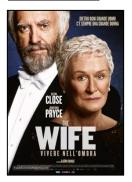
They Shall Not Grow Old

(Documentary, UK/New Zealand, 99 min., 2019, rated R) Peter Jackson directs this homage to the British troops of the First World War with ground-breaking computer restoration technology of neverbefore-seen-footage of soldiers as they faced the fear and uncertainty of frontline battle in Belgium. Digitally remastered, and now in colour, the footage has been studied by lip reading experts whose transcripts were recorded and used as audio for the film. Overlaid by a narrative of those who partook in the war from interviews made in the1960s and 1970s, this historic revisiting marks one hundred years since the end of the Great War. Nominated for Best Documentary BAFTA Award.

Three Identical Strangers

(Documentary/Biography, UK, 96 min., 2018, rated PG13). In 1980, in New York, three strangers are reunited by astonishing coincidence after being born identical triplets, separated at birth, and adopted by three different families. The 19-year-olds' joyous reunion catapults them to international fame and celebrity; however, the fairy-tale reunion sets in motion a series of events that unearth an unimaginable secret -- a secret with radical repercussions for us all. Nominated for three Emmy Awards and for BAFTA best documentary.

December 15



The Wife

(Drama, UK, 99 min., 2018, rated R). After nearly forty years of marriage, Joan and Joe Castleman are complements. Where Joe is casual, Joan is elegant. Where Joe is vain, Joan is self-effacing. And where Joe enjoys his very public role as Great American Novelist, Joan pours her considerable intellect, grace, charm, and diplomacy into the private role of Great Man's Wife. Joe is about to be awarded the Nobel Prize for his acclaimed and prolific body of work. Joe's literary star has blazed since he and Joan first met in the late 1950s. *The Wife* interweaves the story of the couple's youthful passion and ambition with a portrait of a marriage, thirty-plus years later--a lifetime's shared compromises, secrets, betrayals, and mutual love. Glenn Close won the Golden Globe Award for Best Performance by an Actress for this film.



Have you seen a photo in the Newsletter or on the Spindrifters Inc. website that you like? Contact Betty at *stuartbetty@gmail.com* or by phone 529-4802 for a digital copy.

COMMUNITY EVENTS FOR NOVEMBER/DECEMBER

November 3



Daylight Savings Time Ends Set YOUT CLOCKS back! Replace your smoke alarm battery

November 14, 15, 16 and 17

Christmas at the Station 2019

McAdam Railway Station McAdam, NB Tickets \$15 - online payment available For information call The Station at 784-3101 2:00 PM to 8:00 PM Daily All proceeds will be used for future station renovations.



November 19

99 SAINT ANDREWS MEMORY CAFÉ



Passamaquoddy Lodge 1:00 PM - 3:00 PM Free Admission Coffee, Tea and Snacks This month's topic: *Fire Safety for Seniors*

The Memory Café is a free monthly core program led by community volunteers, and provides support to people affected by dementia of all ages, and along all stages of the dementia journey. We welcome all those living with dementia, their circle of care and anyone interested in learning more about dementia to join us!

This program offers socialization in a stigma-free environment and includes an educational component in the form of a presentation on a different topic each month followed by entertainment and refreshments.

November 22



THE REMATCH: DUEL OF THE DISHES

A six-course fundraising dinner for the Saint Andrews Youth Activity Centre Participants: Chef Alex Haun vs. Fashion Icon Brad Henderson Kingsbrae Garden Café 6:00 PM Sharp - \$60 (taxes and fees included) Limited tickets available at eventbrite.ca

November 29



TOWN OF SAINT ANDREWS TREE LIGHTING

Gather at Town Hall at 5:30 PM as trees at Town Hall, Market Square, the Wharf, the lamp posts and store-fronts light-up in the spirit of Christmas.

November 30

ANNUAL ACW HOLIDAY SALE

Anglican Parish Hall 10:00 AM - 1:00 PM Food, Fudge, Crafts and Christmas Items New-to-you and Refreshments too!

SANTA CLAUS PARADE

5:30 PM Santa Claus comes to Town! The parade starts at NBCC and travels along Water Street to the WC O'Neill Arena Complex where Santa and Mrs. Claus will greet the children.

December 5

November 30

ANNUAL CHRISTMAS KITCHEN PARTY

NBCC Lady Dunn Dining Room Supporting the Family Resource Centre Cost: \$60 (\$25 tax receipt available) Reservations will be accepted by e-mail only beginning on November 1st at: *Iddr.reservations@nbcc.ca* Seating times: 6:00, 6:30 or 7:00 PM (Tables of 4 or 8 only please) The person making the reservation is responsible for collecting payment and providing mailing address for the tax receipts. Cash or cheques (made out to NBCC) must be dropped off at the college by November 20.



December 7

CHRISTMAS SALE AND LUNCHEON



Crafts and Christmas Items Anglican Parish Hall 9 AM - 2 PM In support of the Royal Canadian Sea Cadet Corps 352 Fundy



HOLIDAY SHOPPING

During the events of "*Christmas by the Sea in St. Andrews,*" the shops downtown will be open longer for your shopping pleasure. Stop by, enjoy browsing, sip hot mulled cider, sample festive treats, and listen to holiday music while strolling the streets in historic St. Andrews by-the-Sea.

Many more events are being planned for November/December in Saint Andrews. We will send out the schedule as soon as it is available and add new events to the weekly reminders.

