

Spindrifters Inc.

FEBRUARY 2020 For Those 50+



MARK YOUR CALENDARS!



- February 1
Farmers' Market
- February 2 - film
Gifted
- February 5,12,19,26
Painters' Circle
- February 5
Food Safety Seminar
- February 7,14,21,28
NBCC Culinary Boutique
- February 14
Valentine's Day Dinner
- February 15
Valentine's Day Potluck
- February 16 - film
If Beale Street Could Talk
- February 25
Pancake Supper
- February 26 - Seminar
Tax Help for Seniors
- February 27
Lunch - SeaBreeze
- February 29
Seedy Saturday
- Saturday Mornings
Men's Coffee Break
- April 8
Christine Taylor Talk



SPINDRIFTERS INC. BOARD OF DIRECTORS 2019 - 2020

- | | |
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RECENT ACTIVITIES:

NOSHING AT THE RED HERRING



pictures by John, Wilma and Betty



Vicki

You know when the fish portion of your meal hangs over the sides of the plate that you have come to the right place to enjoy a pub luncheon. The Red Herring served up delicious fare for a hungry group of Spindrifters on their annual January visit. The menu offered a wide variety of dishes from salads, soup & sandwich of the day, fish and chips, Thursday's steak special with mashed potatoes to over-sized burgers each one sounding more delicious than the last.

It was all part of the fun of venturing to the Pub on Water Street for the first winter monthly luncheon of 2020. The food prepared pub style, fresh - not frozen - was delicious. The group spent time socializing with friends while enjoying the relaxing atmosphere of the restaurant. A good time, and a good feed, was had by all



Dave, John, Tessa,
Lisa, Nancy and Wilma



Wilma



Margie, Nancy and Brian



Saturday Morning Coffee Club!

submitted by Hans Obermeier



Charter members: John C, Mark,
Hans, John B and Dave.

The first coffee gathering was held on Saturday, January 11. Seven gentleman and one guest arrived at Lumberjacks for the initial meeting of the group. Most chose to enjoy a splendid breakfast in addition to their coffee choice. Since no solutions to the world's problems were agreed upon, the conversation will continue at the next gathering. The group meets weekly on Saturday morning at 10:00 AM at Lumberjacks Restaurant. If you are looking for a relaxed morning coffee break, join the group any week. For information or questions contact Hans at 529-8372.

Record-Breaking Cold Wave Invaded Potluck

photos provided by John Castell



Carla, Brian, John, Margie, Esma and Tessa

With record breaking cold temperatures outside, staying warm seemed to be the goal of the afternoon.

As always during the gathering, members enjoyed a wide range of delicious food and hot drinks provided by those in attendance. It was a great opportunity to share stories with friends and get caught up on all the news.

The afternoon ended with a number of folks staying longer to enjoy a game of Bridge, Scrabble or Farkle.

It was a truly great way to welcome 2020!



Lorinda, Margie, Carla, Wilma, Esma, Wendy, and Mary



Nancy and Carol

April 8, 2020



And she is off again....

Christine Taylor who spent approximately five months hiking the 2,200 mile Appalachian Trail in 2016, is headed for another adventure. Christine will fly to California in April where she will begin a five/ six-month hike along the Pacific Crest Trail which runs from Mexico all the way to Canada.

Many were held spellbound as she relived her thru-hike of the Appalachian Trail after her return; but for this new adventure, Christine has agreed to share details of her plans before her hike begins. She will share with us information about the trail, conditions, equipment and the dangers involved. She will also explain how we can sign up to use the internet to follow her progress on a daily basis. There will be more details about the presentation in the April Newsletter but save April 8 and plan to be overwhelmed.



2016: "I did it!"



Have you seen a photo in the Newsletter that you like? Contact Betty at stuartbetty@gmail.com or by phone 529-4802 for a digital copy.

February's

Events and Activities:

Saturday Mornings



Hey Guys...enjoy a coffee break!

A new weekly social activity for the men.

"Solve the world's problems.

meet new friends and join in the fun!"

Saturday Mornings - 10:00 AM

Lumberjacks

Questions/Information: Hans 529-8372

February 15



VALENTINE'S DAY POTLUCK

Anglican Parish Hall

12:30 Social Time - 1:00 Lunch

Potluck dishes should be luncheon fare
(sandwiches, salads, etc.)

Time for Cards or Games after the meal.

Questions: Tessa 529-3360

February 25



TAX HELP FOR SENIORS

Facilitator Tom Steynor

Ross Memorial Library

2:00 PM - 4:00 PM

Free Admission - Hosted by Spindrifters Inc.

Open to the Public

Contact Tom directly at steynorthomas@gmail.com

or 529-9221 to preregister by **February 20**

Before his retirement Tom, founder and operator of Heritage Accounting and Tax Office, was a professor teaching professional accountants and students for 20 years and has been helping individuals, businesses, and corporations with their tax returns for over 30 years.

Some of the topics to be covered include: recent changes in tax laws (what's new for 2020), tax deductions for seniors and deductions that are frequently overlooked or forgotten.

Bring your tax paperwork; other necessary materials will be provided (workbook, pens, etc.).

February 27



Enjoy lunch in Saint Andrews!

Destination - The SeaBreeze Restaurant and Patio

49 King Street

Full service family style dining.

Reservation is for 1:00

Register with Betty (529-4802) by **February 24**

[Click here to see their menu!](#)

The St. Andrews Film Society Presents. . .



7:30 WC O'Neill Arena Theatre
 Free admission - Donations Appreciated
<https://www.facebook.com/standrewsfilmsociety/>
 Films will be screened with English subtitles when possible.

February 2



Gifted (Drama, USA, 101 min., 2017, rated PG-13).

Frank Adler is a single man raising a child prodigy - his spirited young niece Mary in a coastal town in Florida. Frank's plans for a normal school life for Mary are foiled when the seven-year-old's mathematical abilities come to the attention of Frank's formidable mother, Evelyn, whose plans for her granddaughter threaten to separate Frank and Mary. As time passes, Mary's teacher, Bonnie's, concern for her student develops into a connection with her uncle as well. Winner of six film awards.

February 16



If Beale Street Could Talk (Drama, USA, 119 min., 2018, rated R).

Set in early-1970s Harlem, this is a timeless and moving love story of both a couple's unbreakable bond and the African-American family's empowering embrace, as told through the eyes of 19-year-old Tish Rivers. A daughter and wife-to-be, Tish vividly recalls the passion, respect and trust that have connected her and her artist fiancé Alonzo Hunt. Friends since childhood, the devoted couple dream of a future together but their plans are derailed when Alonzo is wrongly arrested for a rape. Through the unique intimacy and power of cinema, the emotional currents are navigated in an unforgiving and racially biased world as the filmmaker poetically crosses time frames to show how love and humanity endure. Regina King won both an Oscar and a Golden Globe for her performance.

Crafty Corner *Valentine's Day Bark*

Ingredients:

- 1 pkg Candy Melts Cheesecake (vanilla candy melts would work)
- 1 pkg Strawberry Wafers
- 4 oz Cream Cheese
- 1 bag M & M's Holiday
- 1 oz Sprinkles Holiday

Instructions:

1. Using a blender, blend the strawberry wafers and cream cheese until it is similar to a dough consistency.
2. Line a baking sheet with wax or parchment paper.
3. Coat the bottom of the baking sheet with the blended mixture. Spread it out evenly and press it down flat.
4. Using a glass bowl, microwave your candy melts for 1 minute, then stir. If they're not melted, microwave them in 30 second intervals, stirring in between.
5. Pour the melted candy over the crust.
6. Sprinkle the top with M & M's and sprinkles.
7. Let set for 30 minutes.

Recipe source MyCrazyGoodLife.com.



COMMUNITY EVENTS FOR FEBRUARY

Find additional community events and activities on the following site:

<https://standrewsbythesea.ca/festivalsevents/events-calendar/>

February 1



2020 CHANGING SEASONS SAINT ANDREWS FARMERS' MARKET



Held the first Saturday of February, March, April and May
The Algonquin Resort
The Van Horne Ballroom
10:00 AM - 2:00 PM
Farm Products - Specialty Foods
Handcrafted Items - Home Baking

February 5, 12, 19, & 26

PAINTERS' CIRCLE ROSS MEMORIAL LIBRARY

Multipurpose Room
1:00 PM - 3:00 PM



This is a non instructional group of people interested in painting in any media or theme.
The facilitator is Carla Perkins, who organized a similar group at the
Kennebecasis Public Library for five years until recently moving back to Saint Andrews.
For further information contact the library at (506) 529-5125.

February 5 (Snow date February 12)

INTRODUCTION TO SAFE FOOD HANDLING SEMINAR

"The ABC's of Food Safety"

Anglican Parish Hall
2:00 PM - 4:00 PM

Presenter is ERIC KELBHENN, Public Health Inspector



This FREE Seminar is open to all Churches and other community organizations who handle food
for the public and may be of interest to those of you who just enjoy cooking for your families..

RSVP is appreciated but not necessary

Email: allsaints@nb.aibn.com

Phone: 529-8662 Parish Office or 529-3994 (Cathy Smith)

February 14



VALENTINE'S DAY DINNER

Anglican Parish Hall.
Sittings: 4:30 PM and 6:00 PM
Reservations required!

Call the Parish Office (529-8662) or email at allsaints@nb.aibn.com.

Admission by Donation

Proceeds to the Parish Hall Project

February 25

SHROVE TUESDAY PANCAKE SUPPER



4:30 PM – 6:30 PM
Continuous Service
Anglican Parish Hall
Pancakes (regular & blueberry), Baked Beans, Sausage
Gingerbread, Tea, Coffee & Juice
Everyone Welcome - Admission by Donation

February 29

It is time for **SEEDY SATURDAY!**



*Come to the 16th Annual Community Seed Exchange in Saint Andrews
2:00 PM to 4:00 PM
Anglican Parish Hall - 75 King Street
All are welcome.*

*No charge for attendance or seeds.
Questions: Call Mike at 529-3629*

Fridays in February

NBCC's Culinary Arts students present the

Annual Culinary Boutique

Fridays 1:30 PM - Front Lobby
All food is packed to go!



Below is the schedule of food offerings that will be for sale.

Prices Vary:

- February 7 - Soups, Breads & Spreads
- February 14 - Home Replacement Meal
- February 21 - Home Replacement Meal
- February 28 - The Sushi Bar



CARDS AND GAMES
Mondays - 1:30 to 4:00
Anglican Parish Hall
Spindrifters \$2 - Guests \$3
Inquiries: Jayne 469-4649

PARADE OF PICNICS
June through October
Inquiries: Betty 529-4802

Spindrifters Inc.
Ongoing Activities

EXERCISE CLASS
Tuesdays and Fridays
10:00 - 11:00
Anglican Parish Hall
Spindrifters \$2 - Guests \$3
Inquiries: Carol 529-3923

MEN'S COFFEE BREAK
Saturdays 10:00 AM
Lumberjacks
Inquiries: Hans 529-8372



MONTHLY HIKES
May through October
Inquiries: Muriel 529-4099

"GOOD MORNING" WALKS
Mon/Wed/Fri
Leaves the Algonquin at 8:30 AM
Inquiries: Muriel 529-4099