

Spindrifters Inc.

JANUARY 2020

For Those 50+



MARK YOUR CALENDARS!



January 1
Community Brunch

January 5 - film
Carol

January 7
Exercise Class Resumes

January 9
Lunch - Red Herring

January 11
Men's Coffee Break

January 15, 22, 29
Painters' Circle

January 18
Monthly Potluck

January 19 - film
Victoria and Abdul

February 6 - 9
Winter Warmer Festival



SPINDRIFTERS INC.
BOARD OF DIRECTORS
2019 - 2020

Leona Golding	Chair
John Castell	Vice Chair
Bill Fife	2nd Vice Chair
Kats Haya	Treasurer
Taryn Taylor	Secretary
Betty Stuart	Membership

Directors:
Muriel Jarvis
Wilma Blokhuis
Hans Obermeier
Sandra O'Brien



Esma

Kate

Betty

Jingle Mingle

photos by John Castell

They jingled, they mingled and some even tingled as a festive group of Elves gathered at the Anglican Parish Hall to celebrate the holiday season. The atmosphere was welcoming as each member brought their favourite *hors d'oeuvre* to share. They also enjoyed hot mulled cider prepared by Tessa. People chatted, got 'caught up' on all the news and reminisced about Christmases from the past.

Time was spent trying to solve the 'reindeer game' puzzles organized by Betty. (Congratulations to Kate's table for finding all the answers at a very fast pace), At the end of the afternoon, the group took part in 'The Right Family Christmas' exchange and Carol, Sharon, Margie and Erich left with gift cards to Tim Hortons



2020 CALENDARS UNVEILED

A highlight of the Christmas *Jingle and Mingle* was the unveiling of the Spindrifters' official 2020 calendars featuring the 'Members Choice Award' winners in Photo Challenge 2019. Pat Mann's rooster won the Domestic Animal category and Stan Choptiany's deer placed first in the Wild Animal category.

Calendars are available from Betty at 529-4802



November Potluck Dinner and Book Exchange

The main courses were tasty and the desserts plentiful at the November potluck and book exchange. There were books and magazines aplenty and also a few puzzles to tempt the traders. The items that remained at the end of the evening were donated to the ACW for their Christmas Sale held the next weekend at the Parish Hall. Games of Farkle and Bridge were enjoyed after the meal.

photos by John Castell



Above: Vicki and Sylvia peruse the book/magazine table.



Left: Pat, Stan, Carla, Brian and Jayne

Right: Vicki, Stan, Brian, Pat and Margie

CRAFTING OPPORTUNITIES FOR SPINDRIFTERS

photos and story submitted by Muriel Jarvis

Spindrifters took advantage of the fabulous two-hour classes provided by Trudy Gallagher from the New Brunswick College of Craft and Design, held on November 20 and 21 at Sunbury Shores. The



Muriel and Debbie



Debbie and Jane with class instructors

first morning participants learned to make whimsical art pieces from recycled pop cans and paper. That afternoon saw them painting elegant designs on T-shirts using bleach to remove the colour. The second day's class taught the skill of designing decorative copper pendants and that afternoon they were captivated by practicing the strategies behind taking professional-quality photographs.

Each class cost \$10 which included all supplies and introduced members to the myriad of classes available through the College of Craft and Design. Stay tuned for these classes to be offered again next year.



Copper pendant workshop



Have you seen a photo in the Newsletter that you like? Contact Betty at stuartbetty@gmail.com or by phone 529-4802 for a digital copy.

'SANTA FOR SENIORS' LUNCHEON AT NBCC



From the first spoonful of parsnip soup to the savoury full turkey dinner to the sinfully delicious Chicken Bone cheesecake (left) for dessert, a large group of Spindrifters thoroughly enjoyed the 'Santa For Seniors' lunch prepared by the culinary arts students at the New Brunswick Community College.

This year's delicious lunch was held to raise money for the Open Door Program and will be used to help local Seniors in need. At the end of the meal, NBCC students presented program representatives with a cheque for \$1,340 raised through the event.



Above: John, Kate, Chris and Jayne

Below: Carol, Bob, Mark and Sandra



THE COMMUNITY GARDEN WRAPPED UP ITS SIXTH SEASON

submitted by Muriel Jarvis

The plots in the St. Andrews Community Garden have been put to bed for the winter and the water turned off. The composters continue to percolate with our Master Composter John Castell overseeing the addition of organic matter on a regular basis so that compost will be available in the spring. Several wind and rain storms over the past months did some damage to the garden shed as well as the large sign identifying the donors to the Garden. This sign has since been taken down and placed in the shed for the winter and will be repaired and replaced in the spring.

There are presently 33 garden plots, 29 of which have been renewed for the 2020 gardening season. This leaves 4 plots available on a first come first served basis. Please contact Muriel Jarvis at canadamuriel@hotmail.com if you want to reserve a plot. The rental fee is \$30 per plot for the season.



Katherine sold the new Cookbook at the Market

Two very enterprising members of the Community Garden, Katherine Streight and Sandra Welch, developed a Garden Cookbook containing many healthy and mouth-watering recipes contributed by Garden members. One hundred copies of the Cookbook were ready for sale at the annual Christmas Farmers' Market and they sold out. A second printing is in the works. If you want one, please contact either Katherine, kstreight434@gmail.com or Sandra, sigirl1965@gmail.com as soon as possible.



THE HIKING SEASON WRAPPED UP ON SIMPSON HILL

submitted by Muriel Jarvis



The 2019 hiking season ended in October with a final trek up Simpson Hill. Hikers set out from the parking lot and walked the well-groomed trails up to Table Top. The breathtaking view from the top was worth the effort! Following the hike, a few had tea and cookies at Wilma's home, a



Katherine and Sue

stone's throw from Simpson Hill. The 2020 hiking season is scheduled to begin in May! Watch for destinations and times in the May Newsletter.

OUR ON-GOING ACTIVITY GROUPS CELEBRATED THE HOLIDAYS

Exercise Class

pictures by Pat Mann



The biweekly exercise class held a festive gathering at Lizzie's to mark the holiday season. It will take a number of classes to 'burn off' the variety of goodies they enjoyed.



Pictured: Top:
Barb P., Pauline, Sharon, John
Wilma, Barb L., Anne, Carol M., Leona,
Iris, Alice, Tessa and Helen
Bottom:
Irene, Barb V., Nancy, & Lizzie
Lizzie and Irene with the "goodies"



The Good Morning Walkers

submitted by Muriel Jarvis

The tri-weekly walking group did more than "walk through" the holidays! They painted a number of buoys to hang on the lobster trap Christmas tree in Market Square (a fund raiser for the Open Door Food Bank in Saint Andrews), decorated a room in the Ross Memorial Museum for their annual Christmas open house and a number enjoyed an afternoon designing and building gnomes.



Gnome designers:
Debbie
Carol, Margaret,
Katherine, Dianne
and Terry(seated)



The "A Christmas Carol" room at the Museum and buoys ready for hanging on the Lobster Trap Tree.





How Did Spindrifters celebrate the holidays?



Jane and John were part of the Anglican Church Choir who entertained with Christmas Carole during the Ross Museum Open House.

Christmas is always a busy time in Saint Andrews with town-wide celebrations leading up to the big day.

This year's theme was Christmas by the Sea and Spindrifters were spotted everywhere enjoying the fun.



Bob and Ena enjoyed the Harbour Lights breakfast at NBCC



Carol and Margie enjoyed their new toys!



Kate volunteered at the Spindrifters table at the Market



John and Tessa attended the Harbour Lights breakfast at NBCC



Sylvia, Janice, Susan and Stan participated in the 'Zoomers on the Go' program



Leona and Alan sang with the touring carolers



Robert was the winner of the holiday market basket and doorprizes



Erich carried out his duties as the Glockenlaeuter at the Anglican Church



Wilma attended the production of 'Elf Junior' in St. Stephen

January's

Events and Activities:



January 7

EXERCISE CLASS RESUMES

Tuesday and Friday Mornings
 Anglican Parish Hall
 10:00 AM - 11:00 AM
 Spindrifters \$2 - Guests \$3
 Information: Carol 529-3923

The twice-weekly exercise class lead by Carol MacLean resumes for the winter. The classes include a complete series of seated and standing exercises. Chair support is provided for safety when performing a variety of postures designed to increase flexibility, balance and range of movement, coordination, agility, muscular strength and cardiovascular improvement.

January 9

ENJOY LUNCH AT THE RED HERRING

Enjoy lunch in Saint Andrews!
 Destination - The Red Herring Pub
 Water Street - St. Andrews
 Pub Fare Available - Licensed Dining
 Reservation is for 1:00
 Register with Betty (529-4802) by **January 6**



January 11

Hey Guys...enjoy a coffee break!



A new weekly social activity designed for our male members.

*"Solve the world's problems.
 meet new friends and join in the fun!"*

Saturday mornings - 10:00 AM
 Lumberjacks
 Questions/Information: Hans 529-8372

January 18

MONTHLY POTLUCK



Anglican Parish Hall
 12:30 Social Time - 1:00 Lunch
 Potluck dishes should be luncheon fare
 (sandwiches, salads, etc.)
 Time for Cards or Games after the meal.
 Questions: Tessa 529-3360

Spindrifters Inc.

Ongoing Activities

<p>CARDS AND GAMES Mondays - 1:30 to 4:00 Anglican Parish Hall Spindrifters \$2 - Guests \$3 Inquiries: Jayne 469-4649</p>	<p>EXERCISE CLASS Tuesdays and Fridays 10:00 - 11:00 Anglican Parish Hall Spindrifters \$2 - Guests \$3 Inquiries: Carol 529-3923</p>	<p>MONTHLY HIKES May through October Inquiries: Muriel 529-4099</p> <p>"GOOD MORNING" WALKS Mon/Wed/Fri Leaves Algonquin Resort at 8:30 AM Inquiries: Muriel 529-4099</p>
<p>PARADE OF PICNICS June through October Inquiries: Betty 529-4802</p>		

The St. Andrews Film Society Presents. . .



7:30 WC O'Neill Arena Theatre
 Free admission - Donations Appreciated
<https://www.facebook.com/standrewsfilmsociety/>
 Films will be screened with English subtitles when possible.

January 5

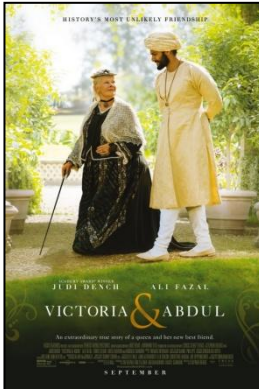


Carol

(Drama, USA/UK, 118 min., 2015, rated R).

In this adaptation of the novel "*The Price of Salt*", Therese, a young department-store clerk in 1950s Manhattan, meets Carol (Cate Blanchett), a beautiful older woman stuck in a depressing marriage of convenience. As their bond deepens and they become romantically involved, Carol finds the strength to leave her husband. Unfortunately, her spouse starts to raise questions about her fitness as a mother when he realizes that Carol's relationships with her best friend Abby and Therese are more than just friendships. Nominated for six Oscars

January 19



Victoria and Abdul

(Biography/Drama, UK/USA, 99 min., 2017, rated PG-13)

The extraordinary true story of an unexpected friendship in the later years of Queen Victoria's (Judi Dench) remarkable rule. When Abdul Karim, a young clerk, travels from India to participate in the Queen's Golden Jubilee, he is surprised to find favour with the Queen herself. As the Queen questions the constrictions of her long-held position, the two forge an unlikely and devoted alliance with a loyalty to one another that her household and inner circle all attempt to destroy. As the friendship deepens, the Queen begins to see a changing world through new eyes and joyfully reclaims her humanity. Nominated for two Oscars

Crafty Corner

Simmering Potpourri

Smell that? It's heaven — coming from your stove.

Here are three DIY simmering potpourri recipes that will leave your home smelling delicious. Simply add the ingredients to a pot with three cups of water. Put the pot on the stove over low heat.



Simmer and spice

1 apple, sliced
 1 tablespoon cloves
 3 cinnamon sticks
 1 orange peel
 3 cups of water

Refresh and renew

1 lemon, sliced
 1 tablespoon vanilla extract
 3 sprigs of rosemary
 3 cups of water

Fresh and clean

1 lemon, sliced
 1 cup of eucalyptus leaves
 1 teaspoon vanilla extract
 3 cups of water

Source: <https://www.today.com/home/3-diy-simmering-potpourri-recipes-will-make-your-home-smell-t53786>

COMMUNITY EVENTS FOR JANUARY

Find additional community events and activities on the following site:

<https://standrewsbythesea.ca/festivalsevents/events-calendar/>



*"Here's a toast to the future,
a toast to the past,
and a toast to our friends, far and near."
Spindrifters, Inc. wishes you a healthy and prosperous 2020!*

January 1



COMMUNITY NEW YEAR'S DAY BRUNCH

Second Annual New Year's Day Brunch

Anglican Parish Hall

11:00 a.m. to 2:00 p.m.

Celebrate the New Year with a feast fit for a King!

Eggs, bacon, sausage, pancakes, chicken, lasagna, salads, tea/coffee/juice and more...

EVERYONE WELCOME!

Admission by Donation

January 15, 22, 29

PAINTERS' CIRCLE ROSS MEMORIAL LIBRARY



The Ross Memorial Library is pleased to announce that starting Wednesday, January 15 an adult painters group, Painter's Circle, will meet in the Multipurpose Room of the Library from 1:00-3:00 pm, Wednesdays, on a weekly basis. This is a non instructional group of people interested in painting in any media or theme. The facilitator is Spindrifters member Carla Perkins, who organized a similar group at the Kennebecasis Public Library for five years until recently moving back to Saint Andrews. For further information contact the library at (506) 529-5125.

February 6 - 9

WINTER WARMER FESTIVAL



An annual winter warming festival in beautiful Saint Andrews features a series of intimate and cozy performances by many talented musicians from around the Maritimes. Add to that lots of great food and drinks and you have a recipe for a great weekend. Ticket information and the schedule for all the performances will be available soon at the following:

<https://www.winterwarmerfestival.ca/>