



GREETINGS FROM OUR PRESIDENT

As I sit here contemplating words of inspiration for all members as we find ourselves in the most bizarre situation, it is hard to believe that COVID-19 has changed the entire world today. It is up to every one of us to do our part to ensure that it will change for the better tomorrow.

Alan and I have been self isolating since our arrival home last Thursday evening. We are doing well but not without conversations that we have never had before. We want to see our family and friends but we cannot so our emotions are many. I find myself frightened by the enormity of the spreading of the COVID-19. I feel lonely at times but also blessed that I have Alan to express my feelings of fear of the unknown.

Social distancing does not mean social isolation and even a potentially deadly virus should not force us to be alone. Now, more than ever, we need to find smart ways to stay connected.

If you are able, reach out to your friends by phone, Email, Messenger, Skype or Facetime. It is important for all of us to stay in touch with one another. So, pick up the phone and call someone today. You may be surprised just how excited they get to hear from you. Staying connected is important.

Esma Taylor, my very best friend, loves to visit with us for a meal and to hear Alan play his guitar and sing, so we are counting down the days when we can share quality time together.

What do we do when we are confined to our home? Alan and I have decided to plan our days. We start with stretches before we get out of bed, then we together do some YOGA moves and poor Alan has never done YOGA, so it is new to him. It makes me laugh! Yes, I can still work from home as well. We plan and prepare our meals together. Alan is learning how to cook; can you just imagine that? We play scrabble, he wins more often than I, only because his English language has words I have never heard before. We are both reading books. We turn the news off and instead listen to music or watch a movie.

Yes, our world has changed and only if we all work together can we make it right again. This moment in our lives will go down in history and hopefully in the end we will be kinder and more loving to family, friends and strangers. During these difficult and unprecedented days, all of us need an extra measure of compassion.

Stay well and reach out to your Spindrifter friends!

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RECENT ACTIVITIES:

WELCOME SPRING LUNCH!





Pub style dining at its finest can be found in Saint Andrews Although it seems like a lifetime ago, it was March 12 when a happy, stress free and hungry group of Spindrifters gathered at the Kennedy Inn for the monthly luncheon.

The winter menu was extensive and the group's selections ranged from chicken quesadillas, sweet potato fries, a delicious soup & sandwich option to chocolate or lemon pie for dessert. The food, prepared by our friend Ada Wood, was served by a delightful waiter, Jonathan, who is originally from England and enjoying his time here in Saint Andrews. "Mmmmm" was heard around the table.



John, Hans and Mark



Lorraine, Wendy and Jean



Nancy, Erich and John



Margie, Tessa, Betty and Lorraine



8TH ANNUAL ST. PATRICK'S DAY PARADE



The 8th annual St. Patrick's Day Parade marched through downtown Saint Andrews on March 15. Although the number of participants was down from previous years due to the current situation, it was a fun group of Happy revelers. It was brisk with strong winds making it seem even colder. The route was lined with cars full of people. There was also a decent, steady line of onlookers--lots of little munchkins all

bundled up. Lizzie and Pat looked very festive riding on their "green" motorcycle.

Story and pictures submitted by Pat and Lizzie Mann



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We need a smile!

When my grandson asked me how old I was, I teasingly replied, "I'm not sure." "Look in your underwear, Grandpa," he advised "Mine says I'm 4 to 6."



JuicyQuotes.com

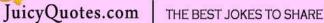
THE BEST JOKES TO SHARE

A grandfather was delivering his grandchildren back to their parents one day when a fire truck zoomed past. Sitting in the front seat of the fire truck was a Dalmatian dog. The children started discussing the dog's duties. "They use him to keep crowds back." said one child. "No," said another. "He's just for good luck." A third child brought the argument to a close. "They use the dogs," she said firmly, "to find the fire hydrants."

JuicyQuotes.com

THE BEST JOKES TO SHARE

One evening a grandmother was babysitting her two granddaughters Anne and Betty. Presently, 8:00 PM rolled around. "Okay, time for bed," she informed the two children who were playing in the den. "Why?" Anne asked (aged 6). "It's so early!" "Your father said your bedtime is 8:00," the grandmother said. "You don't have to listen to him," the Betty (aged 4½) replied. "Why not?" the grandmother asked. Betty answered, "Because you're his mother!"









I went to the bathroom at a restaurant. I washed my hands, opened the door with my elbow, I raised the toilet seat with my foot, I switched on the water faucet with a tissue then opened the bathroom door to leave with my elbow and when i returned to my table I realized.... I forgot to pull up my pants!!!

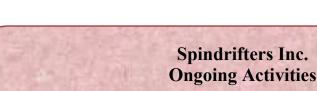


A Grandfather who had serious hearing problems for a number of years went to the doctor to be fitted for a hearing aid that would return his hearing to 100%. The grandpa went back for further tests a month later and the doctor said, "Your hearing is perfect. Your family must be really pleased that you can hear again." To which the elderly man replied, "Oh, I haven't told my family yet. I just sit around and listen to the

conversations. I've changed my will three times!"



THE BEST JOKES TO SHARE



CARDS AND GAMES

Mondays - 1:30 to 4:00 Anglican Parish Hall Spindrifters \$2 - Guests \$3 Inquiries: Jayne 469 464

PARADE OF ICA Construction June through Ica Inquiries: Betty 529-

Exercise Class
Tuesdays and Fridays
10:00 - 11:00
Andlica Pans Hall
Spirit hiter \$2 Cuests

Men's Coffee Break Saturdays 10:00 AM Lumberjacks Inquiries: Hans 529-8372 MONTHLY HIKES
May through October
Inquiries: Muriel 529-4099

"GOOD MORNING" WALKS
Mon/Wed/Fri
Leaves the Algonquin at 8:30 AM
Inquiries: Muriel 529-4099



Virtual Tour Activities:

As the coronavirus (COVID-19) continues to spread and "social distancing" becomes a household term, Spindrifters are halting their travel plans and staying home in an effort to flatten the curve.

If you are sitting on the couch with a travel itch you can't scratch, there are tons of <u>tourist</u> <u>attractions across the globe</u> — from palaces and art museums to aquariums and zoos — that you can visit virtually, from the comfort of home for free! Skim through the list below and come out of isolation more worldly than ever!

MUSEUMS

American Museum of Natural History: Explore three virtual exhibits at this New York City institution (yes, the one featured in *Night At the Museum!*). The exhibit "Highlights from the American Museum of Natural History," shows off many of the museum's most famous features.

Armory Art Center: Explore a <u>virtual gallery tour</u> of this Florida art center's 2020 All Artists Show, an annual exhibition held at the institution.

The Art Institute of Chicago: A large catalog of pieces are available for <u>virtual viewing</u> at this world-renowned art museum, hosted by Google Arts and Culture, which

has grouped the works by style of art.

The British Museum: Check out ancient mummies, the Rosetta Stone and so much more with this <u>virtual</u> tour of the world's oldest national public museum.

Detroit Institute of Arts: This art museum has <u>four different online exhibits</u>, including two focused on feminist icon Frida Kahlo.

Georgia O'Keeffe Museum: Explore <u>six virtual exhibits</u> at this Santa Fe-based museum, which preserves Georgia O'Keeffe's artistic legacy.

High Museum of Art: Explore <u>four exhibits</u> — including an awe-inspiring Civil Rights Photography show — at this Atlanta museum.

Hockey Hall of Fame: Learn about hockey's finest players, moments and artifacts with <u>a 3-D tour</u> of this Toronto museum. Don't stop until you find the Stanley Cup!

Getty Museum: Travel through <u>two different virtual exhibits</u> from this Los Angeles landmark with Google Arts and Culture.

The Guggenheim: The entire contemporary art collection is available for <u>online viewing</u> from this New York City art museum. Enjoy walking (virtually) through its famous spiraling halls!

The Louvre: Take a quick trip to Paris with <u>virtual tours</u> of three stunning exhibits at this world-renowned museum.

Metropolitan Museum of Art: Explore <u>26 online exhibits</u> at this famous New York City icon. A 360 degree peek behind the scenes of The Costume Institute Conversation Lab (the world's largest costume collection) is a must-see.

Michigan Science Center: Curious minds of all ages can enjoy a <u>virtual tour</u> of this science center, including their planetarium, health and wellness gallery, science stage and more.

MoMA (The Museum of Modern Art): Viewers can go on <u>a virtual tour</u> of the New York City-based museum's exhibit of Swiss artist Sophie Taeuber-Arp.

Museum of Fine Arts, Boston: Embrace your artistic side with <u>16 virtual exhibits</u>. Fashionistas in particular will fall head over high heels for their 21st Century Designer Fashion and 20th and 21st Century Fashion Accessories exhibits.

National Historic Museum of Chile: Learn about the history and culture of the South American country of Chile with a 360 degree tour of this Santiago museum, located in a 19th-century royal palace.

National Portrait Gallery: Take an <u>audio-guided virtual tour</u> through this historic art gallery with <u>Smartify</u>, an app that has partnered with many museums worldwide. In the wake of the coronavirus crisis, Smartify has made all of their museum audio tours free to the public, including the Louvre, the Met and the Royal Academy.

Smithsonian: Explore a <u>self-guided tour</u> of the D.C. museum's National Museum of Natural History.

Van Gogh Museum: The largest collection of Vincent Van Gogh pieces is located at this museum in Amsterdam, and you can explore it with a 360 degree virtual tour. Don't forget to stop and smell the "Sunflowers!"

The Vatican Museum: Explore the New Wing, Sistine Chapel and more with <u>360 degree virtual tours</u>.

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ANIMALS, AQUARIUMS, ZOOS AND GARDENS

Atlanta Zoo: This Georgia institution has a <u>dedicated panda cam</u> sure to put a smile on kids' — and grown-ups' — faces.

Cincinnati Zoo: Every day, this zoo is hosting "Home Safari Facebook Lives" showcasing one of their animals and offering a fun, educational activity you can do at home. Pull up the zoo's Facebook page every day at 3 p.m. EST. All of the safaris will also be posted to the zoo's website and on their YouTube page for later viewing.

Daniel Botelho IGTV: See what it's like going no-cage diving with a school of Great White Sharks on this National Geographic wildlife photographer's IGTV channel.

Georgia Aquarium: Have a soothing look under the sea with <u>live cams</u> of beluga whales, African penguins, jellyfish and more.

Houston Zoo: This Texas zoo has <u>webcams</u> focused on gorillas, giraffes, rhinos, elephants, leafcutter ants and more for your viewing pleasure.

Loggerhead Marinelife Center: While the Florida marine center is closed to the public, they're continuing to take care of their sea turtle patients behind the scenes. Monday through Friday they will be <u>streaming</u> live from the sea turtle hospital and teaching viewers about ocean conservation.

Monterey Bay Aquarium: Dive under water with <u>livestreams</u> of sharks, sea otters, jellyfish, and turtles. A live cam of the crashing waves in the Monterey Bay itself is particularly calming.

National Aquarium: Explore winding, sea life-filled floors with this <u>virtual tour</u> of the Baltimore-based aquarium.

Oregon Zoo: This zoo is sharing daily video updates on their <u>Facebook page</u> of different animals during their temporary closure.

Paul Nicklen IGTV: Got heart eyes for humpbacks? This wildlife photographer and National Geographic contributor is taking to his IGTV channel to stream all the whale content you could dream of.

San Diego Zoo: This zoo has a <u>number of different live cams</u> monitoring their furry and feathered friends, including penguins, pandas, koalas and elephants.

Volunteer Park Conservatory: This Seattle greenhouse is taking to Instagram to livestream their lush gardens in the midst of their closure to the public. Though the streaming schedule depends on their gardeners, they plan to livestream seven days a week around 2pm.

INTERNATIONAL LANDMARKS

Buckingham Palace, England: Flights to the U.K. may be canceled, but you can still visit Buckingham Palace thanks to the official Royal website, which offers <u>a virtual tour</u> of the Queen's official residence.

Doge's Palace, **Italy:** Google Arts and Culture offers <u>a virtual tour</u> of one of Venice's most iconic landmarks — a 14th century palace — complete with views of the canals that surround it.

Easter Island: Explore this Chilean territory — chock full of artistic and architectural treasures — with Chile 360, a free app that can be used on your phone or paired with VR glasses.

Galapagos Islands: Embark on <u>a guided video tour</u> of the incredible wildlife and culture of the Galapagos with National Geographic Expeditions.

Great Barrier Reef, Australia: Swim through <u>Australia's Great Barrier Reef</u> with the help of several David Attenborough-narrated videos and an educational, interactive map.

Great Wall of China: Take a virtual tour of one of the Seven Wonders of the World

Hang Son Doong, Vietnam: Take a <u>360 degree adventure through the world's largest cave</u>, located in Vietnam, with National Geographic.

Johnson Space Center, USA: Boeing and Discovery Education take viewers on a <u>virtual field trip</u> through this innovative, Houston-based space center.

National Parks, USA: 113 virtual tours of National Park Service locations are available on Google Arts and Culture. Some favorites include Yellowstone National Park (for miles and miles of beautiful views), Kenai Fjords National Park (for an icy adventure) and Hawai'i Volcanoes National Park (for lots of lava).

Tower Bridge, England: This famous London bridge isn't going down anytime soon — and you can <u>explore it virtually</u> (by boat!).

The Gardens of Versailles, France: Choose your own adventure and <u>virtually explore</u> the famously overthe-top royal gardens of King Louis XIV.