

Spindrifters Inc.

JULY 2020 For Those 50+

 **MARK YOUR CALENDARS!**

July 1
Happy Birthday Canada

July - August 15
Photo Challenge 2020

July 30 - Hike
San Orr's Pond

Thursdays in July
Farmers' Market
Market Square
8:30 - 1:00

Now Open:
Kingsbrae Garden
Huntsman
Sunbury Shores
Ministers Island
Ross Memorial Museum
Sheriff Andrews House
Parks and Hiking Trails

**SPINDRIFTERS INC.
BOARD OF DIRECTORS
2019 - 2020**

Leona Golding	Chair
John Castell	Vice Chair
Bill fife	2 nd Vice Chair
Kats Haya	Treasurer
Taryn Taylor	Secretary
Betty Stuart	Membership

Directors:
Muriel Jarvis
Wilma Blokhuis
Hans Obermeyer
Sandra O'Brien

RECENT ACTIVITIES:

A VISIT TO MINISTERS ISLAND

submitted by Muriel Jarvis



Muriel

What a glorious day for a hike! And what a glorious spot to explore! Nine keen Spindrifters spent the afternoon of June 18, hiking around the perimeter of Ministers Island, and discovering the diverse



Nancy and Carla

flora and fauna of the Island. We are so incredibly fortunate to have a hiking trail such as this one, right in our own backyard! The day was warm and sunny and the trail was very well maintained and dry. We found Jack-in-the-pulpits, masses of Lupin and blackberry bushes in full bloom. Lovely Muskoka chairs are strategically placed around the trail, for a quick rest and enjoyment of the scenic views. The trail travels over a beach full of driftwood, with several pieces that were tempting to bring back, but the thought of carrying them for 4 or 5 more kilometres put a stop to that. It was a very enjoyable afternoon!



Katherine tried a Muskoka chair.



Jayne, Barb, Jane, Sandra and Diane



THE VAN HORNE ESTATE
Isle Ministers Island

 **ON-LINE TICKET PURCHASE**

FAREHARBOR

NEW Book Ahead
Guarantee Admission
www.ministersisland.net



St. Andrews Community Garden Update

story and pictures submitted by Muriel Jarvis and Sylvia Humphries

What a difference a month makes! Days and days of warm weather and sunshine have led to a mass of growth in the Community Garden. Since a picture is worth a thousand words, these photos speak for themselves. A harvest of greens and radishes for the Open Door Food Bank has



already been bagged and donated thanks to the diligent work of Garden member Rika Nason and her crew. Sylvia and Stan transferred a donation of 35 tomato plants from the High School greenhouse to the Garden, for nurturing by Garden volunteers and ultimate donation of the fruit to the Food Bank. Every day Garden members are seen watering, weeding and encouraging their plants to produce. Members are following social distancing protocols and bringing their own tools. The

sunshine has been appreciated, but now we need a little rain!

Contact Muriel Jarvis at canadamuriel@hotmail.com if you have questions or desire information regarding the St. Andrews Community Garden.

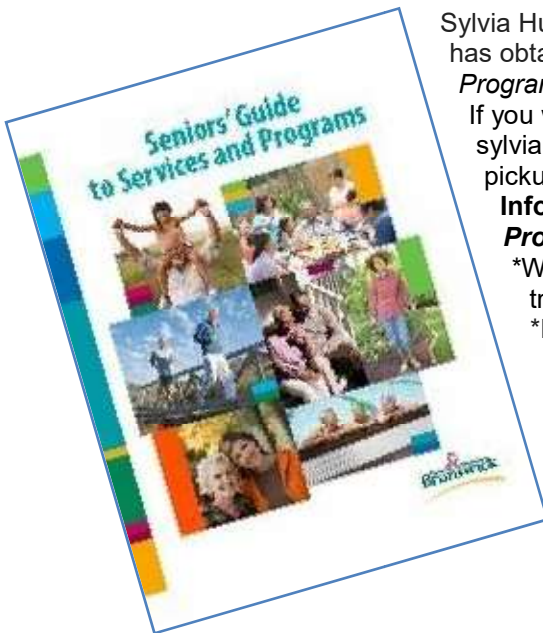


Tomato plants donated by SJDA



SENIORS' GUIDE TO SERVICES AND PROGRAMS NOW AVAILABLE

(Services Available to Seniors not related to the Pandemic)



Sylvia Humphries, one of our Senior Goodwill Ambassadors, has obtained copies of the *Seniors' Guide to Services and Programs* for your information.

If you would like a copy of the Guide, contact her at sylvia.humphries@gmail.com and make arrangements for pickup.

Information in the "Seniors' Guide to Services and Programs" includes:

- *Who to contact to request a service such as tree trimming of trees interfering with NB Power lines
- *Requesting a home visit by an energy advisor for advice on energy conservation matters
- *The Senior Goodwill Ambassador program
- *Age-Friendly recognition
- *Road conditions information (Dial 511)
- *Women's Equality Branch
- *New Horizons for Seniors Program
- *Old Age Security
- *Canada Learning Bond



**A time to
'Smile With Our Eyes!'**



Spindrifters currently has a membership of 109 people who are sporting a "new look." You might not know everyone; but check the list and see if you can identify your friends. Palara has the answers on page 5.



- 1 Carla Perkins
- 2 Chris Lister
- 3 Dawn Jarvis
- 4 Gill Liebenberg
- 5 Jane Irwin
- 6 Jayne Swansburg
- 7 Kate Akagi
- 8 Lisa McDonald
- 9 Lizzie Mann
- 10 Lois McLenachan

- 11 Muriel Jarvis
- 12 Nancy Aiken
- 13 Pat Mann
- 14 Pat Swanson
- 15 Pauline Guise
- 16 John Castell
- 17 Sandra O'Brien
- 18 Taryn Taylor
- 19 Tessa Castell
- 20 Wilma Blokhuis



July's Events and Activities:

July 1



HAPPY BIRTHDAY CANADA!



Canada Day 2019 – A enthusiastic group of Spindrifters marched in the parade!

July 30

MONTHLY HIKE WILL EXPLORE SAM ORR'S POND



Enjoy a leisurely hike along beautiful Sam Orr's Pond to Berry Point. Moderate difficulty trail with a small amount of climbing and plenty of lovely vistas to enjoy.

Meet at the trailhead on Route 127, Chamcook at 2:00 pm.

Call Muriel at 529-4099 for more information and to confirm your attendance!

The hike will last approximately two hours and current restrictions will be followed.

July – August 15

FOURTH ANNUAL PHOTO CHALLENGE



Spindrifters Inc. members who would like to participate in Photo Challenge 2020 will have from July 1 until August 15, 2020 to submit their favourite shot. This year’s category is “water.” The winning entry will be selected by a vote of the current membership. There is no set time frame for taking your picture--it may be one you took six months ago as long as you took it.


ENTRY RULES

- The contest is open to current members of Spindrifters Inc.
- Each member may only submit one picture.
- Pictures must be:
 - taken by the member submitting it.
 - submitted in either digital or printed format.
- Pictures must not show the name of the photographer.
- Only single exposure or single frame pictures will be accepted (no videos).
- Pictures may not be altered in any way except for cropping extraneous details.
- The deadline for submitting entries to Betty at stuartbetty@gmail.com is August 15, 2020,
- For submitted pictures, owners grant Spindrifters Inc. unlimited use of pictures for activities in all media, including social media, online and print without any remuneration being given.

Judging: After the August 15, 2020 deadline, a digital publication will be designed showing all the submitted photographs identified by number only. This publication will be sent (digitally) to all current members. Each member will have one week to register their vote.

The winning entry will be announced in the September Newsletter and appear on a 2021 calendar which will be available to the membership of Spindrifters, Inc..





Palara says,
"The answers to the mask challenge on page 3 are below:"

3.11.12.19
4.15
14.18
10.16.17
5.1
13.9.7.2.6
8.20

If you wear your seatbelt,
are you living in fear?

If you wear your sunScreen,
are you living in fear?

If you wear a bicycle helmet,
are you living in fear?

Be cautious and wear a mask?

Spindrifters Inc.
Ongoing Activities

<p>CARDS AND GAMES Mondays - 1:30 to 4:00 Anglican Parish Hall Spindrifters \$2 - Guests \$3 Inquiries: Jayne 469-4411</p>	<p>EXERCISE CLASS Tuesdays and Fridays 10:00 - 11:00 Anglican Parish Hall Spindrifters \$2 - Guests \$3 Inquiries: Carol 529-3923</p>	<p>MONTHLY HIKES May through October Inquiries: Muriel 529-4099</p>
<p>PANTRY PICNICS June through October Inquiries: Betty 529-4802</p>	<p>MEN'S COFFEE BREAK Saturdays 10:00 AM Lumberjacks Inquiries: Hans 529-8372</p>	<p>"GOOD MORNING" WALKS Mon/Wed/Fri Leaves the Algonquin at 8:30 AM Inquiries: Muriel 529-4099</p>

Indoor activities are cancelled!



??? **CAN YOU HELP SOLVE A MYSTERY?** **???**

While exploring the Bar Road, about 100 yards from the beach end and about 40 yards into the woods on the North side, Pat discovered this fireplace and chimney. He assumes there must have been a house there at one time but would like to know the story behind the structure. Can anyone help him by filling in the details of its origin?

Pat can be reached by email at patrickmann@rogers.com.

Crafty Corner
Canada Day Decorations
Paper Bag Stars

Materials:
8 Paper Bags
Spray Paint
Glue Stick
Scissors

Directions:
With a glue stick, glue the bags top of each other as indicated by the dotted lines.
Clip off the open corners.
Open the set of bags and glue the two outside ones together.
Paint the stars in your choice of colours.
Process takes about 10 minutes.




Source: <https://www.todayparent.com/family/birthday-parties/how-to-make-paper-bag-star-decorations/#>