

# Spindrifters Inc.

AUGUST 2020 For Those 50+




## Canada Day Past and Present



### MARK YOUR CALENDARS!

- August 3  
New Brunswick Day  
Special Farmers' Market
- August 15  
Entry Deadline for  
Photo Challenge 2020
- August 27 – Hike  
Simpson Hill
- August 1 -31  
Free Passes to Aquarium  
Available at NB Libraries
- August 10 – 21  
Sunbury Shores Classes

#### SPINDRIFTERS INC. BOARD OF DIRECTORS 2020 - 2021

Leona Golding	Chair
John Castell	Vice Chair
Bill Fife	2 <sup>nd</sup> Vice Chair
Kats Haya	Treasurer
Taryn Taylor	Secretary
Betty Stuart	Membership

Directors:  
Muriel Jarvis  
Wilma Blokhuis  
Hans Obermeier  
Sandra O'Brien

### SPINDRIFTERS CELEBRATED CANADA DAY

Although most of the festivities usually scheduled for Canada Day in Saint Andrews were cancelled due to COVID-19, Spindrifters found ways to celebrate our country's birthday.

Some spent time with family and (bubble) friends enjoying picnics and BBQs while others spent time shopping the much smaller farmer's market held in Market Square where they were entertained by talented musician Helga. The morning walking group, dressed in red for their Wednesday walk.

Many tuned in to watch the Southwest New Brunswick Live Show on CHCO TV starring comedy icon James Mullinger televised 'live' from KIRA amphitheatre.

Photographs downloaded from the Facebook pages of the Town of Saint Andrews, Cindy Kohler and the St. Andrews Farmers' Market.

Right – top to bottom:

- Comedian James Mullinger at KIRA
- Walkers Sandra, Muriel, Katherine, Cathy and Anna
- The Canada Day Farmers' Market
- Talented musician Helga entertained at the market.

Left:

In our sister town of Thorpe St. Andrews UK Community Ambassador, Councilor Mackie, raised the Canadian flag at their Town Hall.





## St. Andrews Community Garden Update

story and pictures submitted by Muriel Jarvis



**The kiss of the sun for pardon  
The song of the birds for mirth  
You're nearer paradise in a garden  
Than anywhere else on earth!**

Dorothy Frances Gurney

No truer words were ever written, especially when it comes to our St. Andrews Community Garden! The words 'lush, flourishing, thriving and luxuriant' come close to describing this year's garden plots, thanks to weeks of sunshine and patient and persistent watering by the gardeners.

A second contribution of produce to the Open Door food bank was made in July and included lots of greens and tasty little red tomatoes.



Our master composter John Castell and his team continue to create fertile compost while Garden members and volunteers keep the grounds looking tidy and neat. Garden coordinator Sylvia Humphries ensures that all the members are updated regularly.

Since a picture is worth at least a thousand words, these photos speak for themselves.

Contact Muriel Jarvis at [canadamuriel@hotmail.com](mailto:canadamuriel@hotmail.com) if you have questions or desire information regarding the St. Andrews Community Garden.



## PAT'S MYSTERY SOLVED



Pat Mann found the answers and wants to thank all those who helped (especially Barry Murray, Ernie Depatie and Google) uncover the origin of the amazing fireplace he discovered while walking in the woods near the Bar Road.

The following information was gleaned from issues of *The Beacon*, the Saint Andrews' newspaper, in the early 1900s.



**Occupying a romantic position on the Bar Road, on the spot known for so many years as "Mowatt's Grove," stands Dalmeny, the beautiful summer home of Mr. William Hope, of Montreal. The structure, built in 1902, is over 100 feet long. Mr. Edward Maxwell, of Montreal was the architect of this building. Mr. Hope's studio was a gathering place for prominent locals who had a keen interest in art such as Sir William Van Horne. Dalmeny was later purchased by Mr. & Mrs. D.G. Rouse of Fredericton and was destroyed by fire in 1946.**

## IF YOU WEAR A FACE MASK, WEAR IT CORRECTLY

For the past few months, COVID-19 has changed the way we live our lives. Now that we are in the heat of summer, more activities and socialization opportunities have restarted. It can be hard to know how to keep you and your family safe while enjoying a beautiful Maritime summer.

COVID-19 can spread rapidly through the air when someone carrying the virus speaks, sneezes, laughs, or coughs. If you cannot maintain the recommended physical distance between you and others, it is recommended that you should wear a face covering. This means in stores, on crowded streets, on beaches and at gatherings for extended family and friends.

- \*Don't wear your mask below your nose.
- \*Don't wear your mask low on your nose.
- \*Don't wear your mask under your chin or temporarily remove it in public.
- \* Don't have your chin exposed.

Wear your mask up to the top of your nose and under your chin; snug without gaps.



## August's Events and Activities:

### August 3



### CELEBRATE NEW BRUNSWICK DAY!

Special Farmers' Market  
Market Square  
8:30 AM – 1:00 PM

(See pages 5/6 for some interesting facts about the Province)

### August 15



### PHOTO CHALLENGE 2020 ENTRY DEADLINE

Spindrifters Inc. members who would like to participate in Photo Challenge 2020 have until August 15, 2020 to submit their favourite picture. This year's category is "water." The winning entry will be selected by a vote of the current membership. There is no set time frame for taking your picture--it may be one you took six months ago as long as you took it.

#### ENTRY RULES

- The contest is open to current members of Spindrifters Inc.
- Each member may only submit one picture.
- Pictures must be:
  - taken by the member submitting it.
  - submitted in either digital or printed format.
- Pictures must not show the name of the photographer.
- Only single exposure or single frame pictures will be accepted (no videos).
- Pictures may not be altered in any way except for cropping extraneous details.
- The deadline for submitting entries to Betty at [stuartbetty@gmail.com](mailto:stuartbetty@gmail.com) is August 15, 2020,
- For submitted pictures, owners grant Spindrifters Inc. unlimited use of pictures for activities in all media, including social media, online and print without any remuneration being given.

**Judging:** After the August 15, 2020 deadline, a digital publication will be designed showing all the submitted photographs identified by number only. This publication will be sent (digitally) to all current members. Each member will have one week to register their vote. The winning entry will be announced in the September Newsletter.

**August 27****MONTHLY HIKE WILL EXPLORE  
SIMPSON HILL**


Enjoy a challenging hike up Simpson Hill. Meet at the trailhead on Route 127, Bayside at 2:00 PM. Call Muriel at 529-4099 for more information and to confirm your attendance. The hike will last approximately two hours.

Any COVID-19 restrictions in place at that time will be followed.

**COMMUNITY EVENTS FOR AUGUST****August 1 - 31****Free Pass to the Fundy Discovery Aquarium**

New Brunswick's public libraries are giving away free passes to the Fundy Discovery Aquarium to anyone with a current public library card. The Aquarium is located in Saint Andrews, NB. Visit any library in NB to get a pass which is valid August 1 – August 31, 2020



**SUNBURY SHORES**  **Amazing Summer Classes**  
Arts and Nature Centre NOW AVAILABLE FOR REGISTRATION

**August 10 -14 Botanical Watercolour with Cathy Ross**

Through demonstrations and discussions, learn the wonderful versatility of watercolour while exploring the natural world.

**August 17-19 Phone Photography with Robert Fisher**

Build knowledge and learn new skills to take your photography to a higher level by introducing basic photography concepts to help you improve your overall photography skills and knowledge in an encouraging environment.

**August 20 - 21 Phone Photography Part 2 with Robert Fisher**

This two-day workshop builds on the previous workshop for those who want to explore further or it can be a stand alone for those with more experience.

**August 21 Introduction to Etching with Bob Morouney**

You will etch and print from two copper plates, learning the techniques for how to prepare, etch, and finish the plates, transfer drawings, and pull prints.

Register using their new online store! [www.sunburyshores.org](http://www.sunburyshores.org).



Have you seen a photo in the Newsletter that you like? Contact Betty at [stuartbetty@gmail.com](mailto:stuartbetty@gmail.com) or by phone 529-4802 for a digital copy.





**New Brunswick Day:  
A TIME TO CELEBRATE NEW BRUNSWICK**

Looking for some interesting facts about New Brunswick, Canada? Did you know that sardine cans and snow blowers were invented in NB? From a place where cars roll uphill and rivers flow backwards, here are some facts worth knowing.

**Fact 1:** New Brunswick is home to the warmest saltwater beaches north of Virginia.

**Fact 2:** New Brunswick has the world's largest lobster. The sculpture – sorry folks, this sucker never cruised the waters! – is 11 meters long (35 feet), 5 meters tall (16 feet) and weighs in at an astonishing 90 tons or about 198,416 pounds! You'll find the lobster in Shediac, NB.

**Fact 3:** McCain Foods Limited, the multi-billion dollar company famous for its frozen French fries, is Canadian born. The McCain brothers' first French fry plant was created in 1957 in their hometown of Florenceville.

**Fact 4:** The largest whirlpool in the Western Hemisphere, and the second largest in the world can be found between Deer Island and Indian Island, New Brunswick and can be viewed from Eastport, Maine. The whirlpool is called "Old Sow" because of the sounds it produces. According to BayofFundy.com, "Old Sow is reported to be most active about three hours before high tide. This activity continues for about two hours and takes the form of a collection of small gyres, troughs, spouts and holes and on the rare occasion will form one large funnel. This area, which has been reported to be as wide as 76 meters (250 feet) in diameter, can best be described as turbulent water. However, during spring tides (high water tide caused by a full or new moon) combined with high winds or a tidal surge will increase Old Sow's activity causing more intense funnels and formations."



**Fact 5:** The first Miss Canada (1923), Winnifred Blair, was from Saint John.



**Fact 6:** Where are the highest tides in the world? The Bay of Fundy, of course! Tourism New Brunswick says, "They rise at a rate of one metre (3.3 feet) per hour. The tides yield many edible treasures, among them mineral-rich sea salt and "dulse" – dried seaweed, which can be eaten as a snack or used to flavor soups and stews."

**Fact 7:** Due to the Bay of Fundy's incredible tides, the Saint John River flows backwards twice a day, every day. According to GreatCanadianRivers.com, "Then, a startling phenomenon occurs. The water level in the Bay of Fundy continues to rise above the level of the river. The force of the incoming tide overpowers the current of the outgoing river, and the water of the Saint John begins to flow upstream – completely in reverse. New rapids form in the river, flowing in the other direction, and the effect of the tide is felt as far upriver as the city of Fredericton, almost 120 kilometres northwest of Saint John."



**Spindrifters Inc.  
Ongoing Activities**

**CARDS AND GAMES**

Mondays - 1:30 to 4:00  
Anglican Parish Hall  
Spindrifters \$2 - Guests \$3  
Inquiries: Jayne 469-4599

**PARADE OF PICNICS**

June through October  
Inquiries: Betty 529-4802

**EXERCISE CLASS**

Tuesdays and Fridays  
10:00 - 11:00  
Anglican Parish Hall  
Spindrifters \$2 - Guests \$3  
Inquiries: Carol 529-3923

**MEN'S COFFEE BREAK**

Saturdays 10:00 AM  
Lumberjacks  
Inquiries: Hans 529-8372

**MONTHLY HIKES**

May through October  
Inquiries: Muriel 529-4099

**"GOOD MORNING" WALKS**

Mon/Wed/Fri  
Leaves the Algonquin at 8:30 AM  
Inquiries: Muriel 529-4099

*Indoor activities on hold!*

**Fact 8:** The longest covered bridge in the world can be found in Hartland. The covered bridge is 390 meters (1282 feet) long.

**Fact 9:** The oldest Canadian museum is found in Saint John. "The New Brunswick Museum was officially incorporated as the "Provincial Museum" in 1929 and received its current name in 1930.

Its history, however, can be traced back another 87 years to 1842, when Gesner's Museum of Natural History opened to the public in Saint John." says the New Brunswick Museum website.

**Fact 10:** Moncton is home to Magnetic Hill.

Objects seemingly roll *uphill* on Magnetic Hill. Put your car in neutral and, like magic, your car will roll uphill all on its own!



**Inventions from New Brunswick:** Some great inventions that have come from New Brunswick include (Source: *Tourism New Brunswick*):

- Scuba tank, James Elliot and Alexander McAvity, Saint John, 1839.
- Compound steam engine, Benjamin F. Tibbets, Fredericton, 1845.
- Snow blower, Robert Carr Harris, Dalhousie, 1870.
- Sardine cans, Henry T. Austin, Blacks Harbour, 1932.
- Clothes washer with roller wringer, John E. Turnbull, Saint John, 1843.
- Combined hot and cold water faucets, Thomas Campbell, Saint John, 1880.
- Crossword game, Edward R. MacDonald, Shediac, 1926.
- Dump-box for trucks, Robert T. Mawhinney, Saint John, 1920.
- Ganong Brothers Ltd., St. Stephen, were the first in Canada to produce lollipops (1895), to use cellophane packaging (1920), to make peppermint rolls (1926) and to sell Valentine candy in heart-shaped boxes (1932).



### Crafty Corner Quick Pumpkins for the Fall

#### Materials:

- Large roll of toilet paper
- Fabric fat quarter (18 x 22 inches)
- Green ribbon or leaves for the stem
- Piece of branch or a cinnamon stick

#### Directions:

- Lay out your fabric and place the toilet paper in the center.
- Take one corner of the fabric and tuck it inside the toilet paper roll.
- Work your way around gathering up the fabric and tucking each corner into the roll
- Tie the ribbon around the branch and stick it into the center of the roll.

These pumpkins can be customized with the fabric of your choice to fit your décor. You could even use tissue paper or something fuzzy.

Source: <https://www.instrupix.com/diy-easy-toilet-paper-pumpkins-craft/>

