

# Spindrifters Inc.

OCTOBER/NOVEMBER 2020 For Those 50+



## MARK YOUR CALENDARS



October 3  
Men's Coffee Break

October 3  
Pop Up Sale

October 8  
CC Hospital Radiothon

October 12  
Thanksgiving Day

October 12 – 18  
Indulge Festival

October 29  
Final Monthly Hike  
For 2020  
Ganong Nature Park

October 31  
Happy Halloween

All Month  
Flu Shot Clinics



SPINDRIFTERS INC.  
BOARD OF DIRECTORS  
2019 – 2020

Leona Golding Chair  
Vice Chair  
Bill fife 2<sup>nd</sup> Vice Chair  
Kats Haya Treasurer  
Taryn Taylor Secretary  
Betty Stuart Membership  
Directors:  
Muriel Jarvis  
Wilma Blokhuis  
Hans Obermeier  
Sandra O'Brien



## A REJUVENATING VISIT TO BROADLEAF RANCH

*story and pictures submitted by Muriel Jarvis*

Imagine long relaxing soaks in a hot tub, leisurely hikes in the woods and rollicking songs being sung around a roaring campfire! That begins to describe the three days and two nights that a group of Spindrifters spent at the Broadleaf Guest Ranch. This year nine adventure seekers shared cars and drove to Broadleaf Ranch just outside Riverside-Albert. They made their way up the three kilometre gravel road to the chalet and settled into their accommodations. After lunch and a leisurely three-kilometre hike through the woods, they brought out the cards, games and puzzles and the fun began! That evening the group travelled to Alma for a delicious dinner at the Tippy Tails restaurant then back to the chalet for a campfire and more games.



The second day people divided into interest groups; four chose golfing at Fundy Park, three chose exploring the Hopewell Rocks and a local art gallery and two others chose tasting wines from a local winery, discovering Cape

Enrage and embarking

on a one-hour horseback ride! That evening over a lovely dinner at the Broadleaf Ranch Restaurant, they shared stories of their adventures. Then back to the chalet for more games and laughter and eventually to bed. The next morning they enjoyed breakfast together and made their way home, full of good food, good friendships and good cheer.



**THE COMMUNITY GARDEN WRAPS UP ANOTHER SUCCESSFUL SEASON**

*story and pictures submitted by Muriel Jarvis*

Fall is in the air and the gardening season is wrapping up its seventh season. Gardeners are busy enjoying the fruits and veggies of their labour and putting their plots to bed. Unfortunately over the past gardening season, we were not able to meet in person and share meals and ideas. However all 32 plots were full of healthy, vibrant plants, due in large part to the tireless efforts of John and his compost crew. As any gardener knows, the richer the soil, the better the harvest. In order to prepare the garden and beds for winter, a 'masked work bee' is planned for Wednesday September 30 at 10:00 am. Plant remnants will be cut up for compost and hoses and water containers will be winterized. It was a great year, with four monthly contributions going to the Open Door food bank and many pounds of fresh produce for garden members.



Those who had a garden plot this year and would like to renew for next year are encouraged to pay their 2021 fees as soon as possible by contacting Muriel at [canadamuriel@hotmail.com](mailto:canadamuriel@hotmail.com). Those who would like to be put on the waiting list for a plot for the 2021 season are asked to contact Sylvia at [Sylvia.humphries@gmail.com](mailto:Sylvia.humphries@gmail.com).

**JOHN CASTELL RETIRES FROM BOARD**



It is with mixed feelings that the Board of Directors announce the retirement of our much appreciated member John Castell. It is difficult, if not impossible, to sum up John's contributions to the growth and success of Spindrifters Inc. John has decided he needs to put his feet up, relax a little and enjoy life.

John was a founding member of Spindrifters and has served numerous terms on the Board as President, Vice President and Treasurer. During this time, John also worked to establish the St. Andrews Community Garden and with Town Council approval acquired the use of a 30' by 120' plot of town land located behind the fire station. That endeavor required his assistance in erecting a 7' deer fence and building 32 (4' x 8') raised beds, preparing soil, raising funds, building a garden equipment shed and a green house. He currently serves as the master composter and was the garden coordinator for several years.

Spindrifters Inc. President Leona Golding made the following statement when accepting John's retirement: *"I think I can speak for all of us. John, you will leave a gaping hole on the Spindrifters Board of Directors. On behalf of all members, we want to thank you for your tireless commitment to our organization. I know we will all come to appreciate you even more when we try to fill the void that your retirement will leave. John, you are an inspiration to us all!"*



John



Tessa & John



John



and more John





### THE TOWN VOLUNTEER AWARDS PRESENTED

Spindrifters Inc. joins the rest of the community in congratulating the Town of Saint Andrews 2020 Volunteer Award recipients. The awards were presented by Mayor Doug Naish during the Sheriff Andrews House 200th birthday celebration.

The following recipients were honoured:

- Cpl. Jayson Hanson - Community Service Award
- Holly Johnson - Community Leadership Award
- CHCO TV - Arts and Culture Award
- The Kiwanis Club of Saint Andrews - COVID-19 Award
- Sue Corbyn - Community Leadership Award
- Robin Burton - Special Merit Award
- Pat Barker - Sports, Recreation and Active Living Award
- Franklin Cardy - Volunteer Service Award
- Christy Kennedy - Business Award
- Joey's Independent Grocer - Special Merit Award
- Cockburn's Pharmacy - Special Merit Award
- Saint Andrews Home Hardware - Special Merit Award

### SENIOR'S GUIDE NOW AVAILABLE

Senior Goodwill Ambassador Sylvia Humphries has received additional copies of the *Seniors' Guide to Services and Programs* for your information.

If you would like a copy of the Guide, contact her at [sylvia.humphries@gmail.com](mailto:sylvia.humphries@gmail.com) and make arrangements for pickup.

She is happy to deliver copies to book clubs, walking groups, garden clubs, etc. She is also willing to deliver to individuals.

When you call the toll free number for assistance, a real person will answer. If it's after hours, leave a message with your contact information and they **will** get back to you.



### Remembering Our Friend

**Louis Vottero**  
1932 - 2020

*The music stops,  
and yet it echoes on in sweet refrains...  
For every joy that passes,  
something beautiful remains.*

# October - November's Events and Activities:

October 3



## **MEN'S COFFEE BREAK RESUMES!**

Hey Guys...enjoy a coffee break!  
A weekly social activity designed for our male members.  
"Discuss current events, make new friends and join in the fun!"  
Saturday mornings - 10:00 AM  
New Location: Honeybeans  
Questions/Information: Hans 529-8372

October 3



## **POP UP SALE!**

Get Your Holiday Shopping Started!!  
Charlotte County Hospital Auxiliary Gift Shop Items  
9:00 AM – 1:00 PM  
Kirk McColl Church, King St. St. Stephen  
Blouses, sweaters, cardigans and ponchos as well as scarves and purses.  
40% off and NO TAX

October 8

## **CHARLOTTE COUNTY HOSPITAL 7TH ANNUAL RADIOTHON.**



Held at the Charlotte FM studio  
112 Milltown Blvd. in St. Stephen.  
12 straight hours -- 7am – 7pm.

The Radiothon supports the CC Hospital Foundation.  
Money raised will help purchase new specialized medical equipment.  
The goal for 2020 is \$94,000  
Call to make your donation at 466-1000 or 466-2222  
Also, the volunteers will be located at the radio station and you can pay  
your donation directly in front of our radio station.  
They accept: Visa, Mastercard, American Express, Debit, Cheque, Cash,  
E-Transfer([CCHFCARES@GMAIL.COM](mailto:CCHFCARES@GMAIL.COM)) or directly on  
the hospital foundations website. [www.cchfcares.ca](http://www.cchfcares.ca)  
Tax Receipts are available!

<p><b>CARDS AND GAMES</b> Mondays - 1:30 to 4:00 Anglican Parish Hall Spindrifters \$2 - Guests \$3 Inquiries: Carol 529-3923</p> <p><b>EXERCISE CLASS</b> Resumes October 15 Anglican Parish Hall Spindrifters \$2 - Guests \$3 Inquiries: Carol 529-3923</p>	<p><b>Spindrifters Inc. Ongoing Activities</b></p> <p>Resumes in October! <b>MEN'S COFFEE BREAK</b> Saturdays 10:00 AM <b>Honeybeans – New Location</b> Inquiries: Hans 529-8372</p>	<p><b>"GOOD MORNING" WALKS</b> Mon/Wed/Fri Leaves Algonquin Resort at 8:30 Inquiries: Muriel 529-4099</p> <p><b>MONTHLY HIKES</b> May through October Inquiries: Muriel 529-4099</p>
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*Some activities on hold!*

October 12 – Thanksgiving Day

*No distance can break our friendships...so in this unique year ...*

## ***"We'll Gather Together in Thoughts!"***

*"Thanksgiving reminds us that no matter what befalls us in life, we can take the charred remnants and we can reconstruct a life unimaginably richer than that from which the shards and pieces fell."*

– Craig D. Lounsbrough

October 12 – 18

### **NEW BRUNSWICK'S FOOD AND DRINK FESTIVAL**

We are excited to announce Indulge will be happening!

For the first time ever, the Indulge Festival will be a full week-long celebration of great food and drink in our region.

#### **Schedule of Events:**

- Tuesday 13 International Theme Night  
Local Chefs will take you on an ethnic journey with themed menus and specials?
- Wednesday 14 Charlotte Coastal Burger Challenge  
Restaurants will enter a social media challenge for the best burger.
- Thursday 15 Seafood Night  
Explore the Ocean at one of the participating venues?
- Friday 16 "Indulge Yourself" at the Algonquin  
A food and wine extravaganza at the Algonquin Resort.
- Saturday 17 Indulge Showcase Dinners  
Indulge in a multi-course meal at one of the many restaurants our region is so blessed to be called their home.
- Saturday 17 St. Andrews Farmers' Market  
Market Square – 10 AM to 3 PM – Last Market of the Year
- Sunday 18 Rossmount Inn's Hike for Hunger  
Climb Chamcook Mountain for amazing views and Food Stations in support of the Saint Andrews Open Door Program. Tickets Required!

For more Information and Tickets, visit their website at: [www.indulgenb.com](http://www.indulgenb.com)

October 29

### HIKING SEASON WILL END AT GANONG NATURE PARK

Enjoy a hike around the 350-acre Ganong Nature Park starting from the parking area at the end of Todd's Point Road. The trek will lead through the woods and pick up a trail to the beautiful lookout over Oak Bay. From there, the trail takes a steep descent to Back Beach and continues over Auk Hill to the Ganong Cottage, past the Quoddy Kiosk and heads back to the parking lot. Meet at the park entrance at 2:00 pm.

Call Muriel at 529-4099 to confirm your place.  
The hike will last approximately two hours.




Have you seen a photo in the Newsletter or on the Spindrifters Inc. website that you like? Contact Betty at [stuartbetty@gmail.com](mailto:stuartbetty@gmail.com) or by phone 529-4802 for a digital copy.

**October 31**


For those wondering about Halloween in Saint Andrews this year, town officials are working with the province to follow all guidelines from the Department of Health.

These guidelines should be available to the Town within the next couple of weeks and will be communicated to the public. More to come!

**All Month – Starting Now!****Time For Your Flu Shot!**






## FLU SHOT CLINIC



FLU Shot Clinics will begin in early October. They will be held at the United Church at 77 William Street, Saint Andrews.

Masks and Social Distancing will be required.

Please call the **Health Centre at (506) 529-9120** to book your flu shot.

## Crafty Corner Autumn Lanterns

These autumn lanterns are pretty and easy to make and perfect for Thanksgiving!

First you need to gather some pretty colorful fall leaves.

Make sure they are dried well and not damp from being outside on the ground.

Lay them between pieces of newspaper and stack heavy books on top of them for a few days to press them flat and help dry them out.

Once the leaves are dried a few days later, you can start the work on your lanterns. Gather up your supplies: glass mason jars, mod podge, leaves, paintbrush and candles. You may also want newspaper to protect your table and rubber bands for stubborn leaves.

Coat the outside of your jar with a layer of mod podge

Place your leaves on top of the mod podge and coat with another layer of mod podge.

Layer additional leaves around on the glass, overlapping slightly in a pretty pattern and coating with mod podge.

Let your jars dry overnight. If needed go back over stubborn edges that want to pop up with mod podge and help hold them down tight to the jar using rubber bands

Place candles inside and light them for a pretty autumn lantern.

Source: <https://nowoodenspoons.blogspot.com/2011/11/autumn-lanterns-tutorial.html>

