

# Spindrifters Inc.

JANUARY 2021

For Those 50+



## MARK YOUR CALENDARS!



January 1  
Happy New Year

Saturday Mornings  
Men's Coffee Break

January/February  
Impromptu Winter  
Adventures

January/February  
Rock Painting

2021 Calendars available by  
contacting Leona at  
467-1777

### SPINDRIFTERS INC. BOARD OF DIRECTORS 2019 - 2021

Leona Golding	Chair
Bill Fife	Vice Chair
Kats Haya	2nd Vice Chair
Taryn Taylor	Treasurer
Betty Stuart	Secretary
Directors:	Membership
Muriel Jarvis	
Wilma Blokhuis	
Hans Obermeier	
Sandra O'Brien	
Nancy Mandly	
Claude Vienneau	

## Board Fills Vacancies

During the November meeting, the Board of Directors for Spindrifters Inc. appointed two members to fill the vacancies that have occurred on the Board. Their terms will run until the next AGM when a full set of elections will be held.

Welcome:

### Claude Vienneau

Claude was born in NB but left for Quebec at age 6. After raising three children and working in the Medical services field for 35 years, he and his wife returned to NB to enjoy their retirement years in the Saint Andrews area. Claude has been involved with the St. Andrews Community Players and serves as a Director for the Passamaquoddy Lodge.

### Nancy Mandly

Nancy's family lived on Queen Street until she completed grade 9 when they moved to NS. She returned during the summers to work at the Algonquin. After graduating from Mount Allison with a BA in English, she worked in Montreal before marrying and moving to Connecticut. She has one son who lives in Dallas and three grandchildren. She retired from The Hartford Courant Newspaper and worked as an administrative assistant in an appellate law firm in Hartford. She returned to Saint Andrews a few years ago. She and her husband Dan reside on Patrick Street.



## LOCKDOWN INSPIRES COMMUNITY COOKBOOK

Our twin town, The Parish of Thorpe St Andrew UK, has produced a cookbook.

Chocolate brownies and a Cornish pasty are among

recipes in the new collection borne out of the lockdown. After completion, the book of culinary delights was published by the Parish of Thorpe St Andrew.

The idea to produce a collection of recipes came after Revd James Stewart (left) baked a cake for a virtual coffee morning.

The cookbook, titled *'Baking through the lockdown: Recipes from the Parish of Thorpe St Andrew and friends during the Covid-19 pandemic'* includes dishes provided by people watching the church's Facebook services around the world. It includes some from St. Andrews-by-the-Sea, New Brunswick Thorpe St Andrew's twin town (including a number from members of Spindrifters Inc).



Revd Stewart remarked: *"The international community recipe book also includes a brief chronicle of some of the amazing things which happened during the lockdown in the life of this vibrant and much-loved community."*

Keep a watchful eye on the Town of Saint Andrews website where a digital version of the cookbook will be available for downloading.



Canadian recipes include Muriel's Carrot Cake

## 2021 CALENDARS AVAILABLE FOR PICKUP

A highlight of the holiday season is the unveiling and distribution of the annual calendar. Due to the restrictions in place this year, we have organized a way for you to pick up your free copy by contacting Leona Golding at 467-1777. The calendar features Brian Glebe's 'Still Morning on Chamcook Lake' the winner of Photo Challenge 2020's Members Choice Award.



## JOIN OUR NEW TECHNOLOGY TEAM



We are looking for members who would like to join a 'social media team.' With the increasing use of technology to keep in touch with friends and family during the current restrictions as well as being able to design activities that can be enjoyed from home, the Board of Directors would like to expand our use of technology. If you are interested or have skills that you could share, please let Betty know at [stuartbetty@gmail.com](mailto:stuartbetty@gmail.com).

## ATTENTION WALKERS TRAIL REOPENED TO PUBLIC

The Katy's Cove Trestle section of the Saint Andrews Van Horne Trail has been reopened to the public. Peter Gowan and his crew did a terrific job rebuilding the section of the trail damaged by last spring's storm. Armour stone was added and should result in better protection for the Cove in the future.



## Crafty Corner Pomanders

Pomanders release a lovely fragrance and make beautiful centerpieces, gifts for friends, or air fresheners to hang in your closets or place in drawers like a sachet.

### Supplies:

- Oranges and/or other citrus fruit
- Whole cloves
- Fruit carver or channel knife
- Skewer
- Pen
- Ribbon



### Directions:

1. Draw out the design you want to carve with a pen. TIP: If you want to use ribbon in your design, tie it onto the fruit first, then design around it.
2. Carve out design with fruit carver or channel knife. TIP: A fruit peeler or zester could work as well, they just make larger, messier channels.
3. Pre-poke the holes for each clove with a skewer. TIP: this isn't absolutely necessary but prevents hurting your fingers when inserting the cloves.
4. Insert the cloves.
5. Create as many pomanders as desired, arrange in a decorative bowl and enjoy! You could also hang one in your closet or place in a drawer like a sachet.

<https://www.hallmarkchannel.com/home-and-family/how-to/diy-christmas-pomander>





## Memories of Christmas Past.....

*Christmas has always been a busy time in Saint Andrews with numerous town-wide celebrations leading up to the big day.*

*Past Christmases found Spindrifters everywhere enjoying the fun and participating in a great variety of activities.*







# Images from Christmas Present.

Although visits with family and friends were restricted due to COVID 19, Spindrifters found ways to mark the holidays and with the help of C.H.C.O., they virtually enjoyed attending many annual events.



The Obermeier's favourite decoration



Tessa's beautiful arrangement



\$62,000 raised for Santa's Helpers



Erich's lovely Advent Wreath



2020's Lobster Trap Tree



Merry Christmas Virtual Lessons in Sign Language



Margie's Tree Hunt



VMES's Virtual Christmas Concert



Spectacular outdoor lighting displays



The Good Morning walkers made cookies for Honeybeans' tree



## Dreams for Christmas Future.....





# January's

## Events and Activities:



### **A TOAST TO THE NEW YEAR!**

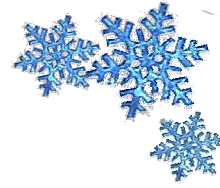
*Whatever is beautiful...*

*Whatever is meaningful...*

*Whatever brings you happiness...*

*May it be yours throughout the coming year.*

*Spindrifters Inc. wishes you a healthy and prosperous 2021!*



### **Saturday Mornings – Based on Restrictions**



#### **Men's Coffee Break!**

Saturday mornings - 10:00 AM

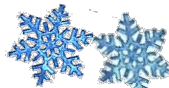
Honeybeans

Questions/Information: Hans 529-8372

### **January/February**



#### **ATTENTION SNOWSHOERS AND XCOUNTRY SKIERS**



Over the past six years Spindrifters has organized impromptu trips for snowshoeing and xcountry skiing enthusiasts as the weather permits. In preparation for the 2021 winter season, we are setting up an e-mail alert mailing list. Muriel has volunteered to organize excursions on a 24- or 48-hour notice. If you are interested in receiving e-mail notices of where and when to meet, register with Muriel at 529-4099.

### **January/February**

#### **JOIN OUR WINTER PROJECT – ROCK PAINTING**

A great winter project to entertain you...Rock Painting. This project has many positive outcomes, from spreading kindness to those who find the rock, to honing creativity for those who paint them. Here's how it will work:

- \*Scour the beaches, your yards and the roads for smooth, mid-sized rocks
- \*Paint designs/words using acrylic paints.
- \*Take a selfie with your creation and send it to Betty at [stuartbetty@gmail.com](mailto:stuartbetty@gmail.com) who will post them for everyone to see and enjoy.
- \*Spray/paint your masterpiece with a varnish to waterproof it.
- \*Accumulate the rocks until the spring, when they will be hide around the community for people to discover.



Do you need inspiration? Google "rock painting" for hundreds of ideas and examples. Have Fun!!



Have you seen a photo in the Newsletter that you like? Contact Betty at [stuartbetty@gmail.com](mailto:stuartbetty@gmail.com) or by phone 529-4802 for a digital copy.

