

# Spindrifters Inc.

APRIL/MAY 2022

For Those 50+



## MARK YOUR CALENDARS!



### April

Tickets go on Sale  
RCMP Musical Ride

April 14 – Lunch  
Red Herring Pub

April 23  
Open House/Art Sale

May 11 – Lunch  
Five Kings Restaurant

May 14  
Town-Wide Yard Sale

May 17  
Exercise Class Ends for  
Summer

May 21 – Picnic  
Dover Hill Park

May 24 - 27  
Paddlefest

May 26 – Hike  
Chamcook Mountain

August 7  
RCMP Musical Ride



### SPINDRIFTERS INC. BOARD OF DIRECTORS 2021-2022

Leona Golding	Chair
Bill Fife	Vice Chair
Kats Haya	Treasurer
Nancy Mandly	Secretary
Betty Stuart	Membership

Directors:  
Muriel Jarvis  
Claude Vienneau  
Hans Obermeier  
Sandra O'Brien



## St. Andrews Community Garden News

We anticipate another marvelous and productive season at the Saint Andrews Community Garden.

Spring has arrived and for the eager Community Garden members, that is a welcome event. Garden plots have lain fallow all winter but soon little green sprouts will pop up and seeds and seedlings will be planted in the fertile ground.

At the present time, there are no Garden plots available for the coming gardening season. If you are interested in learning about our Community Garden, email Muriel at [canadamuriel@hotmail.com](mailto:canadamuriel@hotmail.com).

### Butterflyways Project for Saint Andrews –



The David Suzuki Foundation (DSF) created the Butterflyway Project to build local Butterflyways, which are defined as a network of at least one dozen native wildflower-filled gardens and plantings in a neighbourhood or community in Canada. The Butterflyway initiative in Saint Andrews is being promoted by Peggy Hogarth and Caroline Walker. *"We encourage individuals and groups to create butterflyways in our community. Our goal is to have 12 pollinator-friendly gardens in Saint Andrews by fall 2022."*

(1) The Butterflyways project is not just for Monarch butterflies; plantings are to encourage growth of many different butterflies and moths native to our area. Native Plants = Native Butterflies; (2) Clusters of locally sourced native plants are more effective pollinators than single plantings; (3) Honey bees are not native bees, thus native plants are primarily for native bees. Native Plants = Native Bees

Many gardeners, nature lovers and observers may know that butterflies, native bees and other insects are in decline. In North America, loss of habitat and fragmentation of habitat includes conversion of wetlands and fields to agriculture, urban growth and sprawl, as well as clear cutting of forests and replanting with single species stands.

The DSF began training volunteer "Butterflyway Rangers" in five cities in 2017. In Canada, more than 75 neighbourhoods have established butterflyways. Let's add Saint Andrews to the list!

You and your neighbours are encouraged to create a butterflyway. To be counted as one of Saint Andrews' 12 butterflyways, register your garden with Caroline Walker at [carolinewalker6@gmail.com](mailto:carolinewalker6@gmail.com) or Peggy Hogarth at [Peggy.Hogarth@outlook.com](mailto:Peggy.Hogarth@outlook.com).

Wild Flowers for this region include the following:

swamp thistle  
evening primrose  
black eyed susan  
small spike false nettle  
common jewelweed  
mountain blue-eyed grass  
golden zizia  
scarlet beebalm



spotted joe pye weed  
New England aster  
wrinkle leaf goldenrod  
common yarrow  
green headed coneflower  
foam flower  
swamp milkweed



## RECENT ACTIVITIES

### WHEN LIFE GIVES YOU SNOW...ENJOY IT!

On a crisp day in late February, a small but enthusiastic group of four keen snowshoe enthusiasts enjoyed the only impromptu outing of the 2021/2022 season. With the amount of snow that remained on the ground at that time, the group was able to enjoy a two-hour trek around beautiful Ministers Island.

The group included Vicki, Katherine, Muriel, Caroline and Lupin (the dog).



### CARDS/GAMES RESUMED!

After two years of waiting and hoping and rescheduling as the COVID restrictions changed in New Brunswick, the weekly cards/games socials resumed. Although smaller in number than was normal before COVID, seventeen members joined the fun. There were tables of Scrabble,

Cribbage, Bridge and Sequence. Everyone was glad to see their game 'buddies' and the conversations were filled with 'catching up' with all the news about families and friends. Mary Martin and John Boone, two very faithful attendees, were remembered fondly and will be greatly missed.



Carla and Louise  
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### AN ENJOYABLE LUNCH AT THE KENNEDY

It was a delightful early spring day as a hungry gathering of 'excited to see each other again' Spindrifters travelled to the Kennedy Inn to enjoy the first dine-around lunch in two years. The group enjoyed having a separate dining room. Highly animated conversation ended when the food arrived. From fish chowder, salads and sandwiches to burgers and sweet potato fries, the bistro menu offered something to please everyone's palate.



### Remembering A Special Spindrifter...

*John C. Boone*  
1937 -2022

*Among life's precious jewels,  
Genuine and rare,  
The one that we call friendship  
Has worth beyond compare.*



# April's

## Events and Activities:

### April 14

#### ENJOY LUNCH AT THE RED HERRING

Enjoy lunch in Saint Andrews!  
 Dine-Around Destination: The Red Herring Pub  
 Water Street - St. Andrews  
 Pub Fare Available - Licensed Dining  
 Reservation is for 1:00  
 Register with Betty (529-4802) by **April 10**



### April 23

#### OPEN HOUSE AND ART SALE

97 Montague St  
 Saint Andrews, NB  
 10:00 – 2:00

***"Please help clear my walls and donate to my hike at the same time."***

Refreshments will be served.



After a two-year delay due to COVID restrictions, Christine Taylor who spent five months hiking the 2,200 mile Appalachian Trail in 2016, is headed for another adventure. She will fly to California in May where she will begin a five-/six-month hike along the Pacific Crest Trail which runs from Mexico to Canada. For this new adventure, Christine is holding an open house where her original art work will be for sale and donations will be accepted. She will also share details of her plans including: facts about the trail, conditions, equipment needed and the dangers involved. A display of the trip's logistics will also be on display.

### Spindrifters Inc.

#### Ongoing Activities

**CARDS AND GAMES**  
 Mondays - 1:30 to 4:00  
 Anglican Parish Hall  
 Inquiries: Betty 529-4802

**PARADE OF PICNICS**  
 May through September  
 Inquiries: Betty 529-4802



**EXERCISE CLASS**  
 Tuesdays & Fridays 10:00 - 11:00  
 WC O'Neill Arena  
 Inquiries: Carol 529-3923

**MONTHLY HIKE**  
 May through October  
 Inquiries: Muriel 529-4099

**"GOOD MORNING" WALKS**  
 Mon/Wed/Fri  
 Leaves Algonquin Parking Lot at 8:30  
 Inquiries: Muriel 529-4099

# May's

## Events and Activities:

### May 11



### MONTHLY LUNCHEON AT FIVE KINGS!

Join friends for a warm and inviting dining experience  
'upscale but not intimidating.'

The Five Kings Brew Pub and Restaurant  
St. Stephen, NB

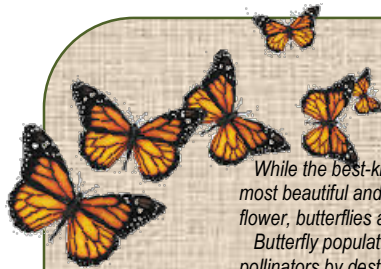
1:00 Lunch Reservation

Picaroons Ales Available

Reserve your spot with Betty (529-4802) by **May 7**

### May 14

### SAINT ANDREWS' TOWN-WIDE YARD SALE



### Crafty Corner Butterfly Feeder

*While the best-known pollinators may be honeybees and bumblebees, some of the most beautiful and graceful are butterflies. Instead of noisily buzzing from flower to flower, butterflies artfully flit.*

*Butterfly populations are on the decline due to humans reducing numbers of pollinators by destroying habitats and migratory nectar corridors, emitting pollution and the misuse of pesticides. How can you help? Attract butterflies to your garden!*

#### Materials:

- Plastic Planter Saucer
- Yarn or Twine
- Hole punch
- Beads (optional)
- Overripe fruit - bananas, watermelon, etc.

(or butterfly nectar - Dissolve one part granulated sugar in four parts boiling water and allow to cool completely. You can store this in the refrigerator for up to one week.)

#### Directions:

- Begin by punching holes in the rim of the plastic planter saucer
- Attach four-foot lengths of yarn/twine.
- If desired for colour, thread beads on the yarn/twine lengths.
- Gather the yarn/twine pieces and tie together.
- Fill with butterfly food (rotten fruit) or nectar and suspend from a tree limb.



**May 17****EXERCISE CLASS TAKES SUMMER HIATUS**

Join 'Carol and the Clan' one last time before the class goes on summer hiatus  
 WC O'Neill Arena  
 10:00 AM - 11:00 AM

**May 21****PARADE OF PICNICS RESUMES**

Announcing the launch of the popular *Parade of Picnics* for the 2022 season. Each month (May through September), Spindrifters and guests are invited to enjoy a picnic at various spots around Charlotte County.

The traditional first outing of the season is a return visit to beautiful Dover Hill Park in St. Stephen. There will be time for enjoying the impressive view of the St. Croix River, strolling along the shore, reading a book or just basking in the sunshine.



Meet at the park at 1:00.  
 Bring your lunch, drink and a lawn chair.  
 Tables are available on site.  
 Inquiries: Betty 529-4802

**May 26****2022 HIKING SEASON BEGINS ON CHAMCOOK MOUNTAIN**

For those who enjoy a hike in the great outdoors, Spindrifters offers a monthly hike from May to October of each year. Each hike is usually held on the last Thursday of the month beginning at 2:00 pm. (Some exceptions). Following are the particulars on the hike:

**May:** The hiking season begins with a gentle hike up Chamcook Mountain, to the breathtaking view at the peak of the entire Saint Andrews peninsula. Meet at the Rossmount Inn parking lot and we will continue up the mountain. Meet at the Rossmount parking lot **at 2:00 pm**

Call Muriel at 529-4099 to confirm your attendance. The hike will last approximately 2 hours.

Other destinations for the season are:

**June 23:** Hike around the beautiful Ministers Island.

**July 28:** Hike Sam Orr's Pond in Chamcook.

**August 25:** Hike up Simpson Hill in Bayside.

**September 29:** Hike the entire Van Horne Trail, from the Camp Ground to the Bar Road, and back.

**October 27:** Hike around the picturesque Barnaby Trail at New River Beach.



Have you seen a photo in the Newsletter that you like? Contact Betty at [stuartbetty@gmail.com](mailto:stuartbetty@gmail.com) or by phone 529-4802 to arrange to receive a digital copy.

## PADDLEFEST 2022

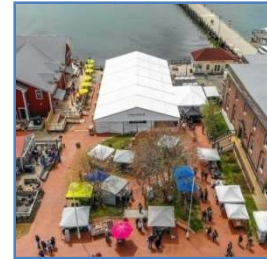


Photo by Cindy Kohler

Paddlefest is a music and outdoor recreation festival in Saint Andrews. Combining music, art, beer and outdoor activities such as kayaking and canoeing, it's a full weekend of fun for music lovers and adventure seekers alike!

Paddlefest 2022 plans include the return of the Paddlefest Main Stage in town square, albeit with some changes and updates to better meet the needs of this new normal. Old friends have been invited back to perform and they will be introducing audiences to some exciting new acts from around New Brunswick, the Maritimes and beyond.

The first lineup announcements, as well as info on recreational activities and community events are available on their facebook page.



## August 7

### THE ROYAL CANADIAN MOUNTED POLICE MUSICAL RIDE

Presented by Ganong Nature Park  
A Canadian tradition since 1876

Enjoy the troop of 32 scarlet coated "Mounties" on majestic black horses as they present a 30-minute show of intricate figures and cavalry drills choreographed to music.

Take advantage of this truly Canadian experience and see one of our national treasures perform live at Ganong Nature Park.

*Tickets will be available during April 2022*



CANADIAN RED CROSS  
CROIX-ROUGE CANADIENNE

### THE CANADIAN RED CROSS SOCIETY EMPLOYEE/VOLUNTEER JOB DESCRIPTION

## Community Connector Volunteer

### EDUCATIONAL OPPORTUNITIES FOR SPINDRIFTER

Would you enjoy chatting with a senior and helping them create some goals to keep them safe, healthier, and more content? We know that we have many great local supports and programs but not all seniors are aware of what's available

The value of having a one-on-one relationship and getting to know the needs of the seniors individually will be that instead of dropping a "directory" on their doorstep and walking away, we will talk to them about their needs and interests, perhaps uncovering activities they enjoyed in their youth or middle years or finding out that they've always dreamed of joining a choir or trying watercolour painting. We can then search for what is available to allow them to enrich their lives.

For some seniors, the needs may be more immediate and pressing. They may need to be connected to a food bank or meal program. They may not know what assistance they qualify for and/or be hesitant about taking steps to access services. Your support and friendly assistance could make all the difference!

You will have training in how to help before starting your volunteer role and on-going support and training on a regular basis to help with any rough patches you encounter. A coordinator will always be available to answer your questions during visits and to "debrief" after a visit.

We hope you can commit to at least 6 hours a month to work with us.

For more details, call Carol at (506) 469-4291 or visit us online at: <https://connectionnb.redcross.ca>