

Spindrifters Inc.

JUNE 2022 For Those 50+



MARK YOUR CALENDARS!

Beginning June 4
YOGA

June 4
Spring Plant Sale

June 5
Community Church Service

June 5
Garden Party

June 7
AGM

June 11
Summer Drag Show

June 11 – Picnic
St Croix Overlook Park

June 23 – Hike
Ministers Island

June 23 – Lunch
Niger Reef

July 1 – Concert
Jimmy Rankin

Summer 2022
Studio Socials

August 7
RCMP Musical Ride

SPINDRIFTERS INC. BOARD OF DIRECTORS 2021-2022

Leona Golding	Chair
Bill Fife	Vice Chair
Kats Haya	Treasurer
Nancy Mandly	Secretary
Betty Stuart	Membership

Directors:
Muriel Jarvis
Claude Vienneau
Hans Obermeier
Sandra O'Brien

SPINDRIFTERS INC Annual General Meeting Date Set



Spindrifters Inc.
Annual General Meeting (AGM)
June 7, 2022
WC O'Neill Complex
Business Meeting 2:00
Questions: Leona 529-8773
All members are urged to attend!

RECENT ACTIVITIES

SPINDRIFTERS INC PRESENTS CHEQUES

submitted by Leona Golding

Two donations have been made on the behalf of Spindrifters Inc. At the April Board meeting it was decided and approved for the following donations to be made:

\$1,000 was presented to the St. Andrews and Area Open Door Program. The cheque was presented to Sylvie Guénette by President Leona Golding (right).. *“With the rising cost of fuel came the rising cost of transporting food. We only hope that this will be of benefit to our local families in need.”*



A second cheque for \$1,000 was presented to Doctors Without Borders, for their work in Ukraine (left). *“Doctors Without Borders/Médecins Sans Frontières (MSF) are deeply worried about people affected by the war in Ukraine. As hostilities continue, ensuring people’s access to healthcare and medicines is critical. As the war escalates and people flee, their teams are stepping up the response to this deepening humanitarian crisis, both in Ukraine and in neighbouring countries.”*

COMMUNITY GARDEN CELEBRATES AN EARLY HARVEST

submitted by Muriel Jarvis

The first harvest from the Community Garden for the Open Door Food Bank was made on May 11, 2022 and included the following:

- 5 bags of perpetual spinach
- 1 bag of pea shoots
- 14 bags of spicy salad mix (tatsoi, mustard, radish)
- 1 bag of lemon sorrel
- 7 bags of radish & radish greens
- 2 bags of rhubarb stems

This extensive harvest was made possible by a cold frame that keeps the heat in during the cold sunny days and allows crops to grow much earlier. The cold frame was built by Stan Choptiany and is overseen by Rika Nason. Other Community Garden plots are in the process of being prepared for planting and many have already been planted. The garden season is underway!



NOSHING AT 5 KINGS!

pictures by Wilma Blokhuis

May's monthly dine-around lunch was held at one of Charlotte Counties hidden treasures, the 5 Kings Restaurant located in the former train station in St. Stephen. A mixture of sixteen new and old members and guests enjoyed a feast of flavours. The hungry folks tried items offered on the extensive menu which ranged from salads, gourmet entrées (lobster wontons) and vegetables to tantalizing desserts.



Needless to say, everyone left satisfied and discussing when they would return for another visit.

Donna, Joe, Gill and Hugh



Tessa, John, Pam and Suzanne
Daily Special: Soup and Sandwich

Spindrifters Inc.

Ongoing Activities

CARDS AND GAMES
Mondays - 1:30 to 4:00
Anglican Parish Hall
Free for 2022
Inquiries: Betty 529-4802

PARADE OF PICNICS
May through September
Inquiries: Betty 529-4802

Coffee Break
Saturday 10:00 am
Honeybeans
Questions: Hans 529-8372

EXERCISE CLASS
Tuesday and Friday
WC O'Neill Complex
10:30 - 11:00
Free for 2022
Inquiries: Carol 529-3923

**on summer
break!**

MONTHLY HIKE
May through October
Inquiries: Muriel 529-4099

"GOOD MORNING" WALKS
Mon/Wed/Fri
Leaves Algonquin Parking Lot at 8:30
Inquiries: Muriel 529-4099

Bike Outings
Tuesday 1:00
Meet at Tim Hortons
Questions: Hans 529-8372

June's

Events and Activities:

June 11

PICNIC AT ST. CROIX OVERLOOK PARK



June's picnic has been scheduled!

St. Croix Overlook Park

Route 127, Bayside

(across from the golf course)

Meet there at one.

Bring your own food/drink and a chair.

Questions: Call Betty at 529-4802

June 23

MONTHLY HIKE TO EXPLORE MINISTERS ISLAND

Hike around beautiful Ministers Island. Meet at the bottom of the Bar Road at **1:00 PM** to cross over to the Island (Please note date and time change to accommodate the tides). Please call Muriel at 529-4099 to confirm your attendance. The hike will last approximately three hours.

It is suggested that you bring water and a snack/lunch.



June 23

MONTHLY DINE-AROUND LUNCH



Enjoy Lunch at Niger Reef

Overlooking the Bay

One Joe's Point Road

Saint Andrews, NB

Licensed Dining

Order from Menu

Reservation is for 1:00 PM

Reserve your seat with Betty (529-4802) by **June 18**



Have you seen a photo in the Newsletter that you like? Contact Betty at stuartbetty@gmail.com or by phone 529-4802 to arrange to receive a digital copy.

UPCOMING COMMUNITY EVENTS

More information and additional details of other community events may be found by visiting the "Town of Saint Andrews" facebook page.

Beginning June 4

YOGA CLASS – KINGSBRAE GARDEN



\$18 (taxes included) for 1 hour Hatha Yoga Class

Join Trudy for a class suitable for all levels that will move through various poses slowly and purposely to challenge strength and flexibility while focusing on relaxation and mindfulness.



10% Discount when booking all 8 classes.
(email daniel@kingsbraegarden.com for this offer)

Available June Dates: 4th, 7th, 11th, 14th, 18th, 21st, 25th, 28th

Book today at kingsbraegarden.com

June 4



SPRING PLANT SALE

Wesley United Church
10:00 AM – 1:00 PM

Perennials, fruits, vegetables, herbs, house plants, pots, decor



June 5

QUEEN ELIZABETH II'S JUBILEE COMMUNITY EVENTS

Community Church Service

All Saints Church
75 King Street
11:00 a.m.

Complementary Garden Party

Everyone welcome!
77 King Street
12:30 p.m.

June 11

Summer Drag Show

KIRA Amphitheatre
1:00 PM – 3:00 PM
Adults \$20
Students \$12



July 1**CELEBRATE CANADA DAY IN SAINT ANDREWS!***Jimmy Rankin in Concert*

4:00 PM

Tickets \$25 (available at kingsbraegarden.com)

KIRA Amphitheatre – St Andrews by-the-Sea

Summer 2022**WORKSHOPS AND CLASSES OFFERED AT
SUNBURY SHORES**

Summer has arrived and it's the perfect time to dust off your art supplies and get back in the studio. Are you looking for an opportunity to refresh your skills? Perhaps you've been away from the studio for a while and are feeling intimidated about working on your own? Or, maybe you are missing your fellow artist friends and would like to feel energized and inspired by sharing new ideas and approaches?

These workshops offer the perfect time to start building your creative muscle again. Sunbury Shores is pleased to be working with some of their favourite artist facilitators, to welcome you back for some fun and inspiration.

Saturday, June 4

This one-day workshop with Ralph Simpson will be an opportunity for beginner and intermediate basket weavers to explore the use of plant fibre in the construction of a small basket. You will learn about foraging for plant fibres like common rush, iris blades, and lily leaves. Ralph will be demonstrating methods of processing and storing the material, as well as several weaving techniques to help you complete your basket in a day. All materials are supplied, but you are encouraged to bring your own fibres – wool, fabric, ribbon etc. to incorporate and personalize your own creation.

\$150.00

Thursday - Sunday, June 23 - 26

During this four-day course, led by acclaimed artist Brigitte Clavette, you will be introduced to basic benchwork techniques such as piercing, sawing, filing, and sanding. With the use of hand tools, you will design and create earrings, a pendant, a band ring or two and a King's chain bracelet. Various textures and basic forms will be explored. You will learn how to solder with the acetylene torch. Buffing and polishing techniques will ensure your work is well finished and ready to be worn.

\$350.00

Friday - Sunday, July 24 - 26

This workshop is part of our continuing In-Process Creative Studios. Led by acclaimed artist Brigitte Clavette, this workshop is designed for metal artists with an active metals practice in functional or sculptural works. The course is designed to be an intensive, collaborative weekend of idea sharing, mentorship, peer critique, and critical dialogue. Participants will come with an idea, body of work or in-progress piece to workshop in the metalsmithing studio at Sunbury Shores, equipped for bronze, copper and silver. Limited to 6, participants will receive one-on-one mentorship and will delve into conceptual and critical thinking to push their practice forward.

\$250.00

Friday - Sunday, July 15 - 17

This course will develop your hand embroidery skills and provide you with the opportunity to create a felt ornament or brooch. Through this course, participants will learn several fundamental embroidery stitches including running stitch, chain stitch, French knot, satin stitch, and blanket stitch. The emphasis will be on individual embroidery skill development. There will be an opportunity to expand on existing abilities and explore more advanced stitches. Each participant will develop a unique design in which embroidery, beads, and other embellishments will be used to create their finished piece.

\$237.00

Thursday – Sunday, July 21 – 24

Back by Popular Demand! During this 4 day workshop with Ruth Dunfield, you will explore the endless possibilities of colour and shapes that are achievable working with stained glass. Both beginners and experienced are welcome, so you can start from scratch or continue to learn and practice skills and techniques. This relaxed and fun workshop will let you develop your style and creative ability to produce beautiful stained glass ornaments and decorations for your own home or as personalized gifts. Equipment and all materials are supplied. Please note it can be noisy at times – ear protectors are available.

\$300.00

Friday - Sunday, August 19 – 21

Expand your boundaries in the beauty of nature in this abstraction workshop covering non-traditional painting, drawing, and mixed-media methods interwoven with mindfulness. You will explore materials and techniques that evoke the essence of the natural environment through creative exercises and projects led by instructor Katrina Slade. Activities include mindful walks and investigating the elements and principles of art that are everywhere around us in the natural world. Mixed media projects include mark-making using unorthodox tools, printing with plants, and painted paper collages. This workshop is for those artists who wish to feel more grounded, creative, and connected with nature in their artwork.

\$200.00

Friday - Sunday, September 9 - 11

The radiance of pure colour – Anne Johnston will teach you how to control that colour. This is a three day course that will introduce you to the methods of painting with soft pastels – from choosing your subject, composing the painting and finishing the work. Composition, value, colours, types of paper, application of pastels will be covered, with explanations and demos.

\$250.00

August 7

THE ROYAL CANADIAN MOUNTED POLICE MUSICAL RIDE

Presented by Ganong Nature Park
A Canadian tradition since 1876

Enjoy the troop of 32 scarlet coated “Mounties” on majestic black horses as they present a 30-minute show of intricate figures and cavalry drills choreographed to music.

Take advantage of this truly Canadian experience and see one of our national treasures perform live at Ganong Nature Park. Call the park for more information and tickets.



Crafty Corner Canada Day Cake

Ingredients

2 pkg (461 g each) Betty Crocker™ Super Moist™ White Cake Mix
1 box (360 g) Cinnamon Toast Crunch™, divided
3 containers (450 g each) Betty Crocker™ Vanilla Creamy Deluxe Frosting
1 cup (250 mL) red candy sprinkles
Waxed paper



Steps

Prepare cake mix according to package directions, folding 2 cups (500 mL) cereal into batter. Scrape and divide batter into 2 greased and parchment paper-lined 13- x 9-inch (3 L) baking pans. Bake for 30 to 35 minutes or until toothpick inserted into centre comes out clean. Let cool for about 1 hour or until completely cooled.

Place one cake, bottom side up, on serving tray or board. Spread with 1 container frosting. Sprinkle with 2 cups (500 mL) cereal. Cap with second cake, bottom side down.

Spread remaining frosting evenly over top and sides of cake. Transfer to freezer for about 30 minutes or until icing is set.

Meanwhile, create 6-inch (15 cm) maple leaf stencil out of waxed paper. Place stencil on centre of cake, with top of maple leaf pointing toward one long end. Pour sprinkles over stencil, shaking stencil first before removing so sprinkles remain within lines. Lightly mark two lines, 1/2-inch (1 cm) from edges of the maple leaf, along short ends. Pour sprinkles along sides of cake to create red bands.

Crush remaining cereal and press up over sides of cake.

Source: <https://www.lifemadedelicious.ca/recipes/canada-flag-cake>