## MARK YOUR CALENDARS!

July 24 – Concert Celebration of Music

July 28 - Hike Sam Orr's Pond

July/September Cookbook Project

August 7
RCMP Musical Ride

August 20 – Concert Broadway by-the-Sea

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SPINDRIFTERS INC. BOARD OF DIRECTORS 2022-2023

Leona Golding

Chair Vice Chair

Nancy Mandly Betty Stuart Treasurer Secretary Membership

Directors:

Claude Vienneau Hans Obermeier ElenaThompson Carla Perkins

#### **RECENT ACTIVITIES**

#### SAINT ANDREWS LOVES TO CELEBRATE!

The month of June in Saint Andrews was a busy one. Many Spindrifters had just enjoyed Paddlefest at the end of March and early June gave them the opportunity to celebrate as Saint Andrews played host to one of the Provinces largest celebrations in



honour of Queen Elizabeth's Platinum Jubilees. The Queen herself dropped in on the events as a life-size cutout that made for great "selfies." A sold-out gala was held on Saturday night and on Sunday, the entire community was invited to attend a special church service and community picnic held on the grounds of the Anglican Church.



`Then, June 21st offered the community the chance to recognize National Aboriginal Day. The event was held in Centennial Park. There were opportunities to visit educational, cultural and informational booths. Traditional food was available for purchase and people were entertained with traditional drumming and singing.

Pictured enjoying the events are: Top -Wendy, Her Majesty Queen Elizabeth II, Mary-Janet, Nancy, Carol Ann, Leona and Terry model their fascinators created during the event.. Bottom- Gathering at Centennial Park Deputy Mayor, Kate Akagi

#### LOTS OF BUZZ AT THE GARDEN

submitted by Sylvia Humphries

What a lush growing season this has been! The mixture of

warm days and rainy days has allowed the Garden beds to really



flourish.
Lettuce has been harvested, as well as other various greens and even a few peas are almost ready to eat.





The Garden has three folks serving as coordinates for the 2022 season. Sylvia Humphries, Brett Vottero and Rika Nason have agreed to serve and oversee the garden

Pictured: Sylvia and Brett - Rika

#### HIKERS ENJOYED MINISTERS ISLAND

submitted by Muriel Jarvis



What a dazzling day for a hike! Seven keen hikers and Lupin, the dog, had a fabulous trek around the enchanting trails of Ministers Island. Views were spectacular and the group completed all of the seven kilometers of trails.



In photo: Caroline, Katherine, Terri, Beth, Muriel and Susan

#### **LUNCH AT NIGER REEF**

story and pictures by Wilma Blokhuis

The weather was perfect for a Spindrifters' outing and lunch at the Niger Reef Tea House on Joe's Point Road in Saint Andrews. The group of Spindrifters and guests enjoyed the afternoon lunch; some sat outside and the remainder gathered inside. Participants chose between delicious leek and potato soup, frittatas made with asparagus, ribs and potato salad or lamb burgers.



Pictred:

Left: Bob, Paul, Gill, Hugh, Susan and Bill.

Right: Ena, Jane, Tessa, Peggy,

Wilma and Betty.

Center: The Lamb Burger!



a popular dessert option.



#### Recycling Information How to dispose of batteries in Saint Andrews.

Not sure where to get rid of your old batteries or white goods? Help is on the way.

Recycling household batteries: Saint Andrews Home Hardware 189 Water Street 529-3158

Recycling car batteries: Armstrong's Auto Repair **43 Patrick Street** 529-3105

White Goods Collection/Appliance Recycling (free pickup)

Email: recycling@snbsc.ca

Phone: 506-466-7830, toll-free 1-800-561-5615

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#### ANNUAL GENERAL MEETING HELD

The 2022 Annual General Meeting for Spindrifters Inc was held recently at the WC O'Neill Complex. President Leona Golding began the meeting with the following message to the membership:



This is a worrying time for us all, but have you stopped to ask yourself how you are doing?

- ☐ Three years dealing with COVID-19, how are you coping?
- ☐ Gas prices soaring through the roof!
- ☐ I can't get out of the grocery store much under \$100 today.
- $\hfill \Box$  Loblaws had a 40% profit, so it is the consumers (you and I) that gave them that profit.

☐ It infuriates me when I turn on the news and see what Russia is doing to Ukraine. ☐ Families who have been separated, children who should be in school are being sent to other countries for their safety. Young boys and men having to learn how to fight. WHY?? All because one man has so much power and hate that it has put that hate right in the middle of my being for this man. I am feeling things that I have never felt before. I fear for what he can do to our world.

How do we manage all of what we are facing in these so uncertain times?

Well for one, we and I mean all Spindrifters donated to Doctors Without Borders and I am so proud of our board for wanting to help Ukraine in some way. It was voted that we support the Doctors Without Borders and I cannot say enough about how much work they do outside of Canada.

Our other donation was towards the OPEN DOOR program to help those whose lack of sufficient income is not always able to put enough food on their table due to the rising cost of food. How can we be with friends and live a normal life without being afraid of catching COVID-19?

- 1) Ensure you are fully vaccinated.
- 2) Call your friends, believe me, we are all lonely and miss one another.
- 3) Get outside as the fresh air heals the soul: walk, bike or drive around just to see all that is happening around the town.
- 4) Even though chair exercises have ended until the fall that is no excuse to completely stop, most of you, if not all of you, know the routine.
- 5) Pick a friend or several friends and keep to those same friends whether it is for tea, card games or just to chat. It will do your heart good.
  - 6) And to save on gas, carpool when you can.

During the meeting, retiring Board members Kats Haya, Muriel Jarvis, Sandra O'Brien and Bill Fife were presented with gifts of appreciation for their years of service. Elections were held at the end of the afternoon event. Elena Thompson and Carla Perkins were elected to serve on the Board of Directors for the 2022/2024 term.

# CARDS AND GAMES Mondays - 12710 4:00 Angliss Parish Hall Free for \$22 Inquite: Setty 529-4802

PARADE OF PICNICS
May through September
Inquiries: Betty 529-4802

Coffee Break Saturday 10:00 am Honeybeans Questions: Hans 529-8372

# Spindrifters Inc. Ongoing Activities

EXERCISE CLASS
Tuesday and Fride
WC O'Neil Comples

40.50 - 11:00
Free 222
Inquirie Carol 529-3923

#### MONTHLY HIKE

May through October Inquiries: Muriel 529-4099

#### "GOOD MORNING" WALKS

Mon/Wed/Fri Leaves Algonquin Parking Lot at 8:30 Inquiries: Muriel 529-4099

#### Bike Outings

Tuesday 9:00 am Meet at Tim Hortons Questions: Hans 529-8372 Spindrifters Inc July 2022 http://spindrifters.ca 4



#### **Events and Activities:**

#### <u>July 11</u>

Cards/Games Socials begins its summer break. The Anglican Hall is, once again, being used by the St. Andrews Arts Council for its opera and piano programs. In the past, Cards/Games has moved to NBCC for July and August but that is not an option this year. This activity will resume in September when the Hall becomes available. See you then!!!.

#### <u>July 12</u>



The Bike Tours group begins its new summer hours. The group will now meet on Tuesdays at Tim Horton's parking lot at 9:00 am.

#### <u>July 28</u>

#### MONTHLY HIKE TO EXPLORE SAM ORR'S POND



Hike Sam Orr's Pond in Chamcook. Meet at the trail head on Route 127 in Chamcook. Details at 2:00 pm.: Please call Muriel at 529-4099 to confirm your attendance. The hike will last approximately two hours.

#### **UPCOMING COMMUNITY EVENTS**

More information and additional details of other community events can be found by visiting the "Town of Saint Andrews" facebook page.

#### **July 24**

#### **CELEBRATION OF MUSIC**

With a special musical tribute for the Platinum Jubilee of Queen Elizabeth II
Wesley United Church - 11:00 AM



Special guests
St Andrews Art Council Vocal Techniques Opera Students
Wendy Nielsen, Director
All Welcome
Free Will Offering

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#### July - September





The Alzheimer Society of NB is working on a very special project and would like to invite you to participate. They are creating a cookbook filled with delicious recipes, the kind of wonderful recipes that bring families together to share moments that create wonderful memories.

Do you have a recipe you would like to share for the cookbook? They are looking for recipes that hold a special place in your heart, perhaps because you shared it with a loved one

Our goal is to use the cookbook for a holiday fundraising campaign later this year. All funds raised will support the ongoing work of the Alzheimer Society to help people living with dementia If you are interested in sharing a special recipe with them, please reach out to Marie-Paule B-LeBlanc at <a href="mailto:events@alzheimernb.ca">events@alzheimernb.ca</a> or 506-800-3149.

#### August 7

## THE ROYAL CANADIAN MOUNTED POLICE MUSICAL RIDE

Presented by Ganong Nature Park
A Canadian tradition since 1876
Enjoy the troop of 32 scarlet coated "Mounties" on majestic black horses as they present a 30-minute show of intricate figures and cavalry drills choreographed to music.

Take advantage of this truly Canadian experience and see one of our national treasures perform live at Ganong Nature Park. Call the park for more information and tickets.



#### August 20

KIRA Amphitheatre Presents

**BROADWAY BY-THE-SEA** 



Time: 2:00 pm
Rates: Adult \$35 Student \$25 Under six – free

A one night only, Broadway musical review concert! Led by New Brunswick's own Tony LePage (Come From Away, Rock of Ages), This must-see show will feature a cast of current Broadway stars and some of New Brunswick's finest up and coming talent. This magical evening will feature show-stopping vocals, live musicians and beloved songs from blockbuster Broadway musicals like WICKED, JERSEY BOYS, COME FROM AWAY, DEAR EVAN HANSEN, WAITRESS, CHICAGO, RENT, MOULIN ROUGE and more! For tickets, visit:

https://fareharbor.com/embeds/book/kingsbraegarden\_ca/items/345641/calendar/2022/08/?full-items=yes&back=https://www.kingsbraegarden.com/