

MARK YOUR CALENDARS!

- Autumn Project
Photo Challenge 2022
- September 11
Community Church Service
- September 19
Cards/Games Resume
- September TBA
Exercise Classes Resume
- September 21 – 24
Beer Fest/Burger Week
- September 22
EARTHfest
- September 29 – Hike
Van Horne Trail
- October 6
Hospitaal Radiothon 2022
- October 8
Thanksgiving Dinner
- Mid October
Flue Shot Clinic
- October 27 – Hike
New River Beach

**SPINDRIFTERS INC.
BOARD OF DIRECTORS
2022-2023**

- | | |
|---------------|------------|
| Leona Golding | Chair |
| | Vice Chair |
| | Treasurer |
| Nancy Mandy | Secretary |
| Betty Stuart | Membership |

Directors:

- Claude Vienneau
- Hans Obermeier
- Elena Thompson
- Carla Perkins

RECENT ACTIVITIES

**SAINT ANDREWS NEWS OF INTEREST
TO SPINDRIFTERS**

OUTDOOR EXERCISE PARK

Saint Andrews had the pleasure of hosting the Honourable Minister Ginette Petitpas Taylor, Minister of the Atlantic Canada Opportunities Agency and Official Languages making a grant announcement of \$70,294.00 through the Canada Community Revitalization Fund towards the new Accessible Outdoor Exercise Park that will be located in the community. MLA Kathy Bockus, Mayor Brad Henderson, Dr. David Johnson of SORTI and Carolyn Davies of Age-Friendly Communities also attended the ceremony



COMMUNITY ENGAGEMENT SESSIONS

As the event name implies, the committee “kicked-off” the process of defining Aging in Place services and programs desired for the community.: Between September 2022 – March 2023 the group hopes to hold at least six additional Community Engagement events that you can take part in. The outcome will be an actual implementation plan for the program and services that have been chosen by the community.



You can take action by contacting the government to express support for new approaches to aging in place and aging in care.

Letters of support can be dropped off or mailed to Passamaquoddy Lodge in care of Lezlie LeBlanc for

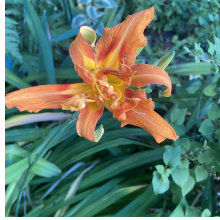
the Lodge to include in a package to the government for the development of a new facility. Address your letters to: Kathy Bockus, MLA Passamaquoddy Lodge, 230 Sophia Street, Saint Andrews, NB E5B 2C2

If you want to be part of the Community Engagement project, call Emma Keech at the Lodge to sign up: (506) 529-5240, ext. 5245. Everyone is welcome to join any of the sessions as we go along, but to be sure that you don't miss anything, consider putting your name on the project list.

Feel free to reach out with any questions to Fiona Williams, Sector Lead at 506.440.3096 Website www.silvermark.ca

LOTS OF BUZZ AT THE GARDEN

submitted by Sylvia Humphries and Rika Nason

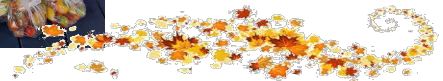
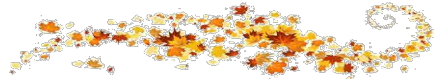


With the arrival of fall, the ninth season for the St. Andrews Community Garden is ending, having been a very successful, productive and rewarding experience for all the participants. The crops are being harvested for the season. Members are preparing their plots for spring planting by adding some of the excellent compost produced in the composters at the garden.

One of the most successful program this season has been the growing and donating of food by Rika Nason for the Saint Andrews Open Door Program

Food Bank. Numerous donations over the season have included

- beet greens & sorrel
- lettuce head
- peas
- radish pods
- garlic
- red bunching onion
- white onions



HIKERS ENJOYED SAM ORR'S POND



Katherine and Heather

It was an intensely warm summer day as a small group of dedicated members began the monthly hike along Sam Orr's Pond to Berry Point. It was hot, and they warmed up even more as they traversed the rocks and roots in the pathway. The scenery, with grassy meadows and clear views of Birch Cove, was spectacular and, in their opinion, well worth the workout..






SPINDRIFTERS INC.
ONGOING ACTIVITIES

<p>BIKING TOURS TUESDAYS 1:00 MEET AT TIM HORTON'S INQUIRIES: HANS 529-8372</p>	<p>EXERCISE CLASS TUESDAYS AND FRIDAYS 10:00 - 11:00 ONC O'NEILL GYMNA RECREATION 2022 INQUIRIES: CAROL 529-3923</p>	<p>"GOOD MORNING" WALKS MON/WED/FRI - 8:30 AM ALGONQUIN PARKING LOT INQUIRIES: MURIEL 529-4099</p>
<p>CARDS AND GAMES MONDAYS - 1:30 TO 4:00 ANGLICAN PARISH HALL FREE FOR CALENDAR YEAR 2022 INQUIRIES: BETTY 529-4802</p>		<p>COFFEE BREAK SATURDAYS 10:00 AM HONEYBEANS INQUIRIES: HANS 529-8372</p>

Autumn's Events and Activities:



Photo Challenge 2022

Spindrifters Inc. members who would like to participate in Photo Challenge 2022 have until November 5, 2022 to submit your favourite picture. This year's category is "EMOTIONS." The winning entry will be selected by a vote of the current membership. There is no set time frame for taking your picture--it may be one you took six months ago as long as you took it.

ENTRY RULES

- The contest is open to current members of Spindrifters Inc.
- Each member may submit one picture.
- Pictures must be:
 - taken by the member submitting it.
 - submitted in either digital or printed format.
- Pictures must not show the name of the photographer.
- Only single exposure or single frame pictures will be accepted (no videos).
- Pictures may not be altered in any way except for cropping extraneous details.
- The deadline for submitting entries to Betty at stuartbetty@gmail.com is November 5, 2022,
- For submitted pictures, owners grant Spindrifters Inc. unlimited use of pictures for activities in all media, including social media, online and print without any remuneration being given.

Judging: After the November 5, 2022 deadline, a digital publication will be designed showing all the submitted photographs identified by number only. This publication will be sent (digitally) to all current members. Each member will have one week to register their vote.

The winning entry will be announced in the Newsletter and appear on a 2023 calendar which will be available to the membership of Spindrifters, Inc..

September 11

Annual Community Worship Service

Ministers Island

5:30 p.m.

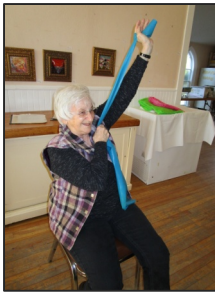
Free admission to the Island

Free Will offering for the restoration of Parson Andrew's Cottage

Complimentary BBQ to follow

For information call Linda at 466-8546

All welcome!

September TBA**EXERCISE CLASSES WILL RESUME**

The twice-weekly exercise classes led by Carol MacLean resume for the fall/winter. The classes include a complete series of seated and standing exercises. Chair support is provided for safety when performing a variety of postures designed to increase flexibility, balance, range of movement, coordination, agility, muscular strength and cardiovascular improvement.

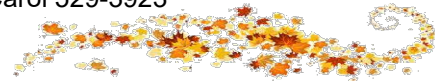
Tuesday and Friday Mornings

WC Oneill Complex

10:00 - 11:00

Free for calendar year 2022.

Information: Carol 529-3923

**September 19****CARDS/GAMES SOCIALS RESUME**

Anglican Parish Hall

Mondays from 1:30 - 4:00

Cost: Free for the calendar year 2022

No food or drinks will be provided

September 21 - 24**CRAFT BEER FEST AND BURGER WEEK**

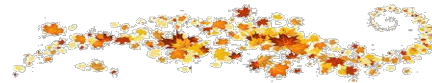
Centennial Park

Live Music

Burger Specials at Participating Restaurants

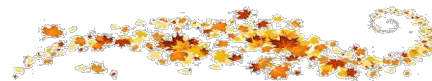
Beer Tasting and Tap Takeovers

AND MORE

**September 22****FIRST ANNUAL EARTHFEST**

Sunbury Shores

10:00 AM to 8:00 PM



Sunbury Shores will be hosting Canada's first "EARTHfest" on Thursday, Sept.22. EarthFest is a global initiative dedicated to bringing awareness to our interdependence with planet EARTH, and is a call to action to alter our relationship to one of healing and reverence.

What will happen during EARTHfest?

Earth-centric activities and educational opportunities to learn more about our interdependence with Earth and all living beings. Activities are designed for all ages, from children to teens to adults and may include:

Making seed bombs	Haiku Happiness, Poetry Slam activity
Earth-focussed art projects	Mushroom workshop
Whale and Ocean Sounds	Earth Inspired Creations
Drumming Circle	Solar Cycle workshop
Bird watching workshop	Earth Centric Meditation

September 29**Hikers to Enjoy the Van Horne Trail**

Hike the entire Van Horne Trail, from the Camp Ground to the Bar Road, and back. See what a treasure we have in our community. Meet at the parking lot at the Point across from the sewage lagoon at 2:00 pm. Call Muriel at 529-4099 to confirm your attendance and ask any questions you may have. The hike will last approximately two hours.

Crafty Corner
Rustic Twig Vase

Supplies Needed:

Twigs
Glass bottle-any size
Tacky glue or hot glue
Twine
Pruning shears or scissors
Dried flowers

**Instructions:**

Step One: Cut Twigs To Size. Measure the height of your glass bottle. Then, cut the twigs a little higher than the container with pruning shears.
Step Two: Glue Branches To Glass
Step Three: Once the glue is dry, tie a piece of jute string around the twigs.
Step Four: Arrange your flowers and you are finished

Source: <https://reusegrowenjoy.com/diy-twig-craft/>

October 6**CHARLOTTE COUNTY HOSPITAL ANNUAL RADIOTHON 2022**

The event will be held at the Charlotte FM studio
112 Milltown Blvd., St. Stephen.
Twelve straight hours -- 6 am to 6 pm.
The Radiothon supports the CC Hospital Foundation.
Money raised will help purchase new specialized medical equipment.
The goal for 2022 is \$80,000
Call to make your donation at 466-1000 or 466-2222
Also, volunteers will be available to accept
your donation (no debit cards) directly in front of the radio station.
Tax Receipts will be available!

Mid October**Time For Your Flu Shot. . .**

Dates and time to be determined
Medical Centre

Call to schedule a date and time at 529-9120.
Everyone must register ahead of their appointment.



October 8**"We'll Gather Together..."**

Join us for Spindrifters' ninth annual
THANKSGIVING DINNER

Enjoy turkey and all the fixin's (or order a meal from the menu)
\$13.45 plus tax/gratuity (all white meat, dessert and beverage extra)

The Birch Grove Restaurant
St. George, NB

Meet there for the 1:00 reservation! Please be prompt!

Guests Welcome!

Must reserve your place at the table with Betty (529-4802) by **October 2.**

October 27**Hiking Season Will End at
New River Beach**

Hike around the picturesque Barnaby Trail at New River Beach. The group will car pool to New River, so please indicate your interest and arrangements will be made. Call Muriel at 529-4099 to confirm your attendance. The group will leave Saint Andrews at 1:00 pm and meet at the Barnaby Trailhead at 2:00 pm. The hike will last approximately three hours.

**Halloween Crafty Corner
Coffee Filter Ghosts**

These coffee filter ghost lollipops are a cute and easy twist on classic Kleenex tissue ghosts. A nostalgic and fun Halloween treat that's sure to be a hit with kids of all ages! Use them to stick in plants and vases around your home. Makes everything very festive.

Materials:

Round Lollipops
Coffee Filters
Small Rubber Bands
Thin Black Ribbon
Black Sharpie Marker

Directions:

- *For each ghost pop, use three coffee filters. Place the coffee filters over the lollipop, and secure in place with a small rubber band. (Note: it is okay if the rubber band is not tight, it just helps to hold things in place.)
- *Tightly tie a piece of ribbon around the 'neck' of the ghost. Fluff up the layers of the coffee filters.
- *Use a black marker to draw a ghostly face.



https://www.happinessishomemade.net/coffee-filter-ghost-lollipops/?utm_source=facebook&utm_medium=social&utm_campaign=SocialWarfare