

Spindrifters Inc.

NOVEMBER/DECEMBER 2022 For Those 50+



MARK YOUR CALENDARS!



- November 5
Set your clocks back
- November 15
Photo Challenge Deadline
- November 16
Survivorship Workshop
- November 20
Toy Drive
- November 19
ACW Holiday Sale
- December 3
Christmas Sale and Luncheon
- December 3
Town Tree Lighting
- December 3
Santa Claus Parade
- December 3
Drew Haven Holiday Social
- December 4
Sustainable Craft Market
- December 10
Christmas Farmers Market



SPINDRIFTERS INC. BOARD OF DIRECTORS 2022-2023

- | | |
|---------------|------------|
| Leona Golding | Chair |
| | Vice Chair |
| Carla Perkins | Treasurer |
| Nancy Mandly | Secretary |
| Betty Stuart | Membership |
- Directors:
- Elenna Thompson
 - Claude Vienneau
 - Hans Obermeier

RECENT ACTIVITIES



Thanksgiving Dinner 2022

Pictures by Wilma Blokhuis



Officially Thanksgiving is the second Monday of October but Spindrifters began the holiday weekend with their ninth annual outing to the Birch Grove Restaurant in St.



George. Although a smaller number of members attended, fifteen hungry folks enjoyed the annual turkey dinner seated around a long table.

Everyone was thankful for the opportunity to, once again, meet with friends, share stories and catch up on all the news.



Community Garden Wraps Up A Successful Season


submitted by Sylvia Humphries

Most of the time In 2022, the St. Andrews Community Garden used a three-bin compost system; at least one garden featured a large sunflower in support of the Ukraine; the watering system continued to work well with two large water barrels (with water supplied from the Town); the Garden was well fenced against the deer, and some gardens continued to produce into the Fall with a little help.

There are still a few plots which need winterizing, but generally, most are covered with mulch or straw to preserve the soil and underlying nutrients and are lying in wait for the 2023 plantings.



One bonus for the Garden is that the 'Open Door' plots have provided an abundance of monthly fresh vegetables to the local food bank thanks to co-coordinator Rika Nason, other Community Gardeners and residents and businesses in Town.


ONGOING ACTIVITIES
BITES AND BYTES


Cards and Games

Picture by Erich Raab

After a two-year hiatus due to COVID restrictions, the Cards/Games Socials have resumed on Monday afternoons at the Anglican Parish Hall. Erich has taken on the responsibility of setting up the tables and chairs and overseeing the process of putting things away. For the remainder of 2022, you may play free of charge. The choice of games ranges from Bridge to Uno.



EXERCISE CLASS

Picture by Wilma Blokhuis and Susan Marpole

Following a summer hiatus, exercise classes have resumed under the direction of Carol. The classes meet on Tuesday and Friday mornings at the WC O'Neill Arena Complex. This activity is also offered free of charge until the end of 2022.



GOOD MORNING WALKS

Picture by Sandra O'Brien

The Good Morning Walks, under the direction of Muriel, continue to be offered on Monday, Wednesday and Friday mornings at 8:30. They begin their walk from the Algonquin parking lot and do a 5K route around the Point. Recently the group enjoyed a lunch at the Algonquin Resort.



MONTHLY HIKES

submitted by Muriel Jarvis



October 27 was a spectacular day for the final Spindrifters' hike of the season! The temperature was summer-like with just a slight wind, as they met at the parking lot of New River Beach. The Barnaby Head trail is made up of long stretches of raised wooden walkways and stairs, all of which were quite damp from days of rain. As a result, they had a few mishaps along the way, but nothing that kept them from completing the trail. Ten started the hike and ten finished.

pictures: Tim, Linda, Sue, Heather, Muriel, Margo, Terri, John and Anne.



SPINDRIFTERS INC.
ONGOING ACTIVITIES



<p>BIKING TOURS TUESDAYS 9:00 MEET AT TIM HORTON'S INQUIRIES: HANS 529-8372</p> <p>CARDS AND GAMES MONDAYS - 1:30 TO 4:00 INQUIRIES: BETTY 529-4802</p>	<p>EXERCISE CLASS TUESDAYS AND FRIDAYS 10:00 - 11:00 WC O'NEILL ARENA INQUIRIES: CAROL 529-3923</p>	<p>"GOOD MORNING" WALKS MON/WED/FRI - 8:30 AM ALGONQUIN PARKING LOT INQUIRIES: MURIEL 529-4099</p> <p>COFFEE BREAK HONEYBEANS SATURDAYS 10:00 AM INQUIRIES: HANS 529-8372</p>
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November's

Events and Activities:

November 6



Daylight Savings Time Ends
Replace your smoke alarm battery

November 15



PHOTO CHALLENGE 2022
JUST DAYS LEFT

We have had some truly amazing pictures submitted for Photo Challenge 2022. Remember your submission must be sent to Betty by November 15, 2022. After the deadline passes, a digital publication will be designed showing all the submitted photographs identified by number only. This publication will be sent (digitally) to all current members. Each member will have one week to register their vote with Betty at stuartbetty@gmail.com or 529-4802. The winning entry for the category **Emotions** will be announced at the end of November and be featured on the Spindrifters' 2023 calendar.

November 16

SURVIVORSHIP WORKSHOP FOR SPINDRIFTERS

Presented by Barry Murray
 , 1 pm to 4 pm
 Upper Meeting Room
 Sunbury Shores Arts and Nature Center
 The meeting room is accessible by stairs and stair lift.
 139 Water Street, Saint Andrews



When a partner/loved one dies, it seems that there is a never-ending list of things that need to be done; forms to be filled out, officials to be notified, and loose ends to be tied up. All of this happens when you are most vulnerable, grieving and likely confused. With some planning and thought now, when there is no pressure, you can learn how to survive being a survivor !!

Bring your partner, significant other, your executor or whom ever might be your survivor.

Space is limited so register early by sending an e-mail to Barry Murray at bemurray@nb.sympatico.ca with " Navigating Survivorship" in the subject. All materials will be provided but you can help by bringing your own notebook and pen (or your electronic device if preferred.)

November 19



ANNUAL ACW HOLIDAY SALE

Anglican Parish Hall
 10:00 AM - 1:00 PM
 Food, Fudge, Crafts and Christmas Items
 Lots of new-to-you items!

November 20



**AMBULANCE NEW BRUNSWICK PARAMEDICS
AND THE ST. ANDREWS FIREDEPARTMENT'S
ANNUAL TOY DRIVE**

In Support of the Local Food Bank.
1:00 PM to 3:00 PM
Market Square - Water Street - Saint Andrews

December's

Events and Activities:



December 3

CHRISTMAS SALE AND LUNCHEON

Fundraiser for the Fundy Sea cadets
9:00 to 2:00
Anglican Parish Hall

December 3

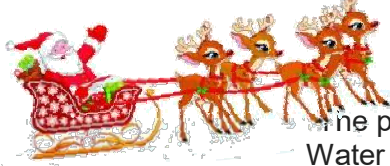
DOWNTOWN HOLIDAY TREE LIGHTING

Gather at Town Hall at 5:30 PM
as trees at Town Hall, Market Square, the Wharf,
the lamp posts and store-fronts
light-up in the spirit of Christmas.



December 3

FIREMAN'S SANTA CLAUS PARADE



6:00 PM
Santa Claus comes to Town!
The parade starts at NBCC and travels along
Water Street to the WC O'Neill Arena Complex
where Santa and Mrs. Claus will greet the children
after the Parade everyone is invited to
Drew Haven Town & Country
For their Holiday Social
630 pm to 900 pm

December 4



SUSTAINABLE CRAFT MARKET

Fundy Discovery Aquarium
11 Lower Campus Road
The market will feature upcycled or repurposed items
with a goal to reduce single-use plastics.
12:00 Noon – 4:00 PM

December 10



CHRISTMAS FARMERS' MARKET

Sir James Dunn Academy Gym
10:00 AM - 2:00 PM

After completing your shopping, stop by the Spindrifters' table and chat with representatives from your organization. They are interested in hearing your comments and suggestions. While there, take the opportunity to renew your membership for 2023.

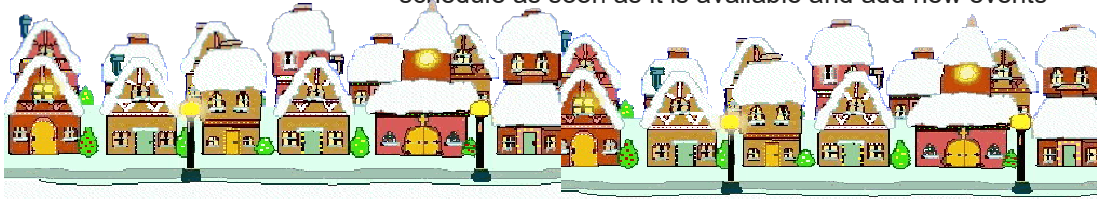
December



HOLIDAY SHOPPING

During the events of "Sparkle by the Sea in Saint Andrews," the shops downtown will be open longer for your shopping pleasure. Stop by, enjoy browsing, sip hot mulled cider, sample festive treats, and listen to holiday music while strolling the streets in historic St. Andrews by-the-Sea.

Many more events are being planned for November/December in Saint Andrews. We will send out the schedule as soon as it is available and add new events



Crafty Corner – Angels from Ties

Create a little bit of nostalgia to add to your Christmas decor with an angel made from a necktie. Recycle grandpa's old neckties, or purchase bags of outdated ties at your local secondhand store for a few dollars.

Things You'll Need

Necktie	Measuring tape
Scissors	1/4-inch diameter wooden dowel
Small handsaw	1 1/2-inch diameter wooden bead
Drill with 1/4-inch drill bit	Hot glue gun
Flesh-colored acrylic paint	Paint brush
Iron	Hand-sewing needle and thread
6-inch round doily	Craft doll hair
Blush and cotton swab	Wooden skewer
Black acrylic paint	1/4-inch-wide ribbon, 12 inches



Check it out: https://www.ehow.com/how_6577807_make-angel-necktie.html?utm_source