

Spindrifters Inc.

FEBRUARY/MARCH 2023 For Those 50+



MARK YOUR CALENDARS!

February 19
Seedy Sunday

February 21
Pancake Supper

March 4
Farmers Market

March 9
Taco Buffett

March 12
Set Clocks Ahead

March 17
St. Pat's Extravaganza

March 19
St. Patricks Day Parade

March 20
First tDay of Spring!



SPINDRIFTERS INC. BOARD OF DIRECTORS 2022-2023

Leona Golding	Chair
	Vice Chair
Carla Perkins	Treasurer
Nancy Mandly	Secretary
Betty Stuart	Membership

Directors:
Elenna Thompson
Claude Vienneau
Hans Obermeier



RECENT ACTIVITIES:

WHEN LIFE SENDS MISERABLE WEATHER ... ENJOY LUNCH AT THE HERRING!



Brian, Kats, Jane, Joe, Donna, Sylvia, Linda, Carla, Hans, Pat, Lizzie, Susan and Ed enjoyed lunch at the Red Herring.

You know when the fish portion of your meal hangs over the sides of the plate that you have come to the right place to enjoy a pub luncheon. The Red Herring served up delicious fare for a hungry group of Spindrifters on their annual January visit. The menu offered a wide variety of dishes from salads, soup & sandwich of the day, fish and chips, Thursday's steak special with mashed potatoes to over-sized burgers each one sounding more delicious than the last. It was all part of the fun of venturing to the Pub on Water Street for the first winter monthly luncheon of 2023. The food prepared pub style, fresh - not frozen - was delicious. The group spent time socializing with friends while discussing the strange weather (rain, hail, ice, snow and wind) that almost cancelled the outing.

TRIVIA NIGHT AT ALL SAINTS...

(info provided by All Saints Parish)



All Saints first -ever Trivia Night offered a great opportunity for people to enjoy a social evening while 'showing off' their knowledge of trivia! There was lots of good hearted debate and reference books were needed (and sometimes the Web!) to prove a point! The winning team consisted of Spindrifters Wilma and Katherine who joined John and Valerie Ann to win the title . They took home lots of fudge donated by Scrooge & Marleys and wildlife calendars donated by Alana.

**AWARENESS AND EDUCATION
BEST PROTECTIONS AGAINST FRAUDS AND SCAMS**

A large group of community members attended a forum where Lisa Williams, Community Program Officer with the J Div RCMP Innovation & Crime Reduction Unit, led a workshop at the WC O'Neill Complex where she gave a presentation to learn some Tips & Tricks to protect yourself from Frauds & Scams and also Senior Safety at Home



During her presentation, she suggested that everyone become familiar with the online educational booklet called: Seniors Guidebook to Safety and Security as outlined below.



Lisa and Kate

- Elder abuse
- Security in your home
- Away from home
- Safety on the street
- Safety in your vehicle
- Fraud and scams
- Online scams / internet fraud
- Alzheimer
- Power of Attorney
- Funeral planning
- Wills
- Programs and services



**ATTENTION SNOWSHOERS
AND XCOUNTRY SKIERS**

During the past several years Spindrifters has organized impromptu trips for snowshoeing and Xcountry skiing enthusiasts as the weather permits. In preparation for the 2023 winter season, we are setting up an e-mail alert mailing list. Muriel has volunteered to organize excursions on a 24- or 48-hour notice. If you are interested in receiving e-mail notices of where and when to meet, register with her at 529-4099.

February's

Events and Activities:

February 19



SEEDY SUNDAY!

Annual Community Seed Exchange in Saint Andrews
2:00 PM to 4:00 PM
Anglican Parish Hall - 75 King Street
All are welcome.
No charge for attendance or seeds.
Questions: Call Mike at 529-3629

February 21

SHROVE TUESDAY PANCAKE SUPPER



4:00 PM – 6:30 PM
Continuous Service
Anglican Parish Hall
Pancakes (regular & blueberry), Baked Beans, Sausage
Gingerbread, Tea, Coffee & Juice
Gluten Free Options Available
Everyone Welcome - Admission by Donation

March's

Events and Activities:

March 4

CHANGING SEASONS FARMERS' MARKET



Anglican Parish Hall
King Street
Food Choices, Hand-Made Items, Crafts
Canteen Open
10:00 AM - 2:00 PM



Spindrifters Inc.

Ongoing Activities

<p>CARDS AND GAMES Mondays - 1:30 to 4:00 Anglican Parish Hall Spindrifters \$2 - Guests \$3 Inquiries: Betty 529-4802</p> <p>COFFEE BREAK SATURDAY MORNINGS 10:00 AM HONEYBEANS INQUIRIES: HANS 529-8372</p>	<p>EXERCISE CLASS Tuesdays and Fridays 10:00 - 11:00 WC O'Neill Complex Spindrifters \$2 - Guests \$3 Inquiries: Carol 529-3923</p>	<p>Impromptu Winter Outings Snowshoeing/XCountry Skiing Register with Muriel 529-4099</p> <p>"GOOD MORNING" WALKS Mon/Wed/Fri Leaves Algonquin Resort 8:30 AM Inquiries: Muriel 529-4099</p>
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March 9



IT'S TACO TIME!



Enjoy a Delicious Taco Buffett

Including: Hard and soft shell tacos
Seasoned Ground Beef
Mexican Rice
Sautéed Peppers and Mushrooms
Sour cream, Salsa, Shredded Cheese, Onions and Lettuce
Coffee/Tea
Dessert: Warm Apple Bread Pudding with Caramel Sauce

Dominion Hill Country Inn
990 Reardon Road Digdeguash NB
Reservation is for 1:00
Cost: \$25 plus tax and gratuity
Register with Betty (529-4802) by **March 3**



March 12



Daylight Savings Time Begins!

**Set your clocks ahead!
Replace batteries in your smoke alarms!**



March 17

St. Patrick's Day Extravaganza!!!

All Saints Anglican Parish Hall
6:30 PM to 9:30 PM
Admission by Donation
Music - Decadent Desserts - Raffles - Auctions



March 19



ST. PATRICK'S DAY PARADE



Calling all Irish, part Irish and wannabe Irish to participate in Saint Andrews' annual St. Patrick's Day Parade. This tradition is growing in popularity as each year more people are joining the festivities. You are invited to participate - walk, ride, bring your car, or just decorate yourself and/or your vehicle with outrageous St. Paddy's Day decorations--green, green and more green More details will be shared as they become available.

March 20

First Day of Spring

