

Spindrifters Inc.

SEPTEMBER 2024 For Those 50+



September's Activities:

September 14

ESCAPE TO THE ISLAND... NAVY ISLAND



Enjoy exploring the Navy Island Nature Preserve
Hike the trails, beachcomb or simply sit and enjoy the scenery.
Bring a lunch, water, sunscreen and maybe a blanket.
Boat will leave at 10 am and return at 1 pm
Meet on the beach by the Lighthouse
Cost: \$5 payable on departure
Must preregister with Betty (529-4802) by **September 10**

September 26

SEPTEMBER'S HIKE TO EXPLORE NEW RIVER BEACH TRAIL

Hike around the picturesque Barnaby Trail at New River Beach. We will car pool to New River, so please indicate your interest and arrangements will be made. Please call Muriel at 529-4099 to confirm your attendance. We will leave Saint Andrews at 1:00 pm on Thursday September 26 and meet at the Barnaby Trailhead at 2:00 pm. The hike will last approximately three hours.



Spindrifters Inc. Ongoing Activities

CARDS AND GAMES
Mondays - 1:30 to 4:00
Anglican Parish Hall
Spindrifters \$2 - Guests \$3

"GOOD MORNING" WALKS
Mon/Wed/Fri
Leaves Algonquin Resort at 8:30 AM

Bike Tours
Tuesday Afternoon
1:00 pm
Meet at the exercise park
Prince of Wales Street
Electric Bikes Welcome

EXERCISE CLASSES
Tuesdays
10:00 - 11:00
Thursdays
1:00-2:00
WC O'Neill Complex
Spindrifters \$2 - Guests \$3

September 28**SAVING THE MONARCH BUTTERFLY**

**Presenter: Della Day
 Ross Memorial Museum
 Downstairs Meeting Room
 2:00 PM to ??
 Admission by donation**



Funds to be used to support the project.

The Monarch Butterfly is on the endangered species list and needs your help! Please join me for a presentation of the life cycle and migration of these amazon creatures. We will discuss steps that are currently being taken to assist the Monarch Butterfly and what we can do to make a difference in their recovery.

There will be a demonstration and details of the monarch tagging program which I am participating in this year. We will discuss how you can join the tagging program, plant a butterfly friendly garden and the importance of the milkweed plant.

You will have the opportunity to plant milkweed seeds in a mini greenhouse made from a pop bottle which you can take home to plant in your garden in the spring.

Please join me for this fun, interactive presentation and help make a difference in the life of a butterfly.

Participants must preregister with Betty by September 23 to ensure there are enough supplies for

**Photo Challenge 2024**

Spindrifters Inc. members who would like to participate in Photo Challenge 2024 have until October 15, 2024 to submit their favourite shot. This year's category is "'Oceanside Living.'" The winning entry will be selected by a vote of the current membership. There is no set time frame for taking your picture--it may be one you took six months ago as long as you took it.

ENTRY RULES

- The contest is open to current members of Spindrifters Inc.
- Each member may submit one picture.
- Pictures must be:
 - taken by the member submitting it.
 - submitted in either digital or printed format.
- Pictures must not show the name of the photographer.
- Only single exposure or single frame pictures will be accepted (no videos).
- Pictures may not be altered in any way except for cropping extraneous details.
- The deadline for submitting entries to Betty at stuartbetty@gmail.com is October 15, 2024,
- For submitted pictures, owners grant Spindrifters Inc. unlimited use of pictures for activities in all media, including social media, online and print without any remuneration being given.

Judging: After the October 15, 2024 deadline, a digital publication will be designed showing all the submitted photographs identified by number only. This publication will be sent (digitally) to all current members. Each member will have one week to register their vote.

The winning entry will be announced the first week of November and will be used in the design of Spindrifters Inc. social media pages.